

# The Letter People Toolkit



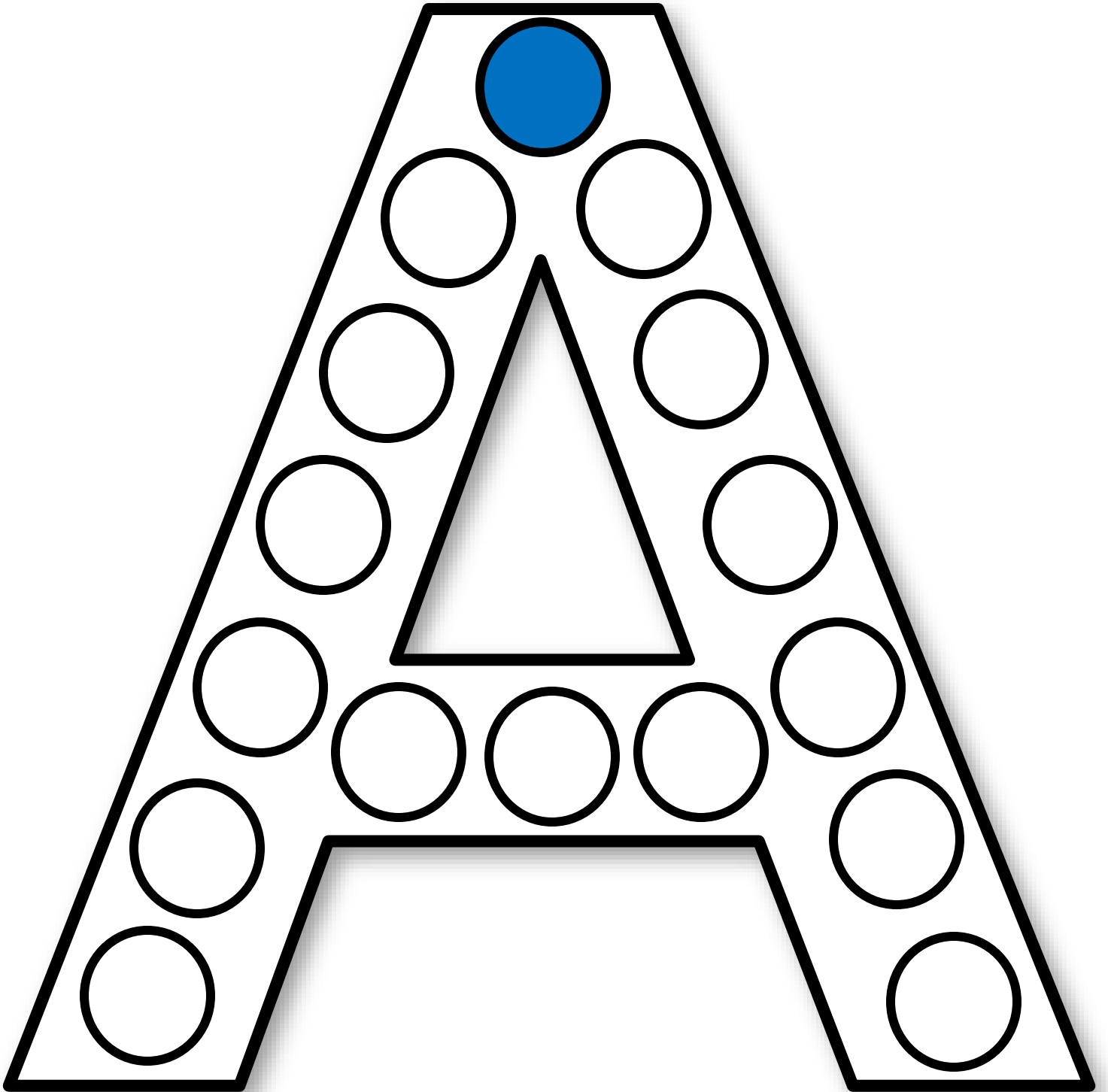
In support of  
The Letter People with  
“1,2,3, Storytime with Jackie”

Provided by:  
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[www.arheadstart.org](http://www.arheadstart.org)



**Thank you for joining us on this dynamic journey with the Letter People.**

**This toolkit will open many learning experiences for children and families. The Letter People Toolkit contains letters for letter tracing and decorating, many family engagement activities, fun alliteration, and you can request your very own blank Letter People storybook to complete after each child has completed the Letter People alphabet. Please make the request to [deanah@arheadstart.org](mailto:deanah@arheadstart.org).**





# Let's Make Applesauce....



## Prepare Ingredients

- 2 pounds apples (about 5 medium apples)
- $\frac{2}{3}$  cup water
- Pinch of salt
- Pinch of ground cinnamon (optional)
- Sugar (optional)

## Gather Cooking Equipment

- Chef's knife
- Cutting board
- Large saucepan with lid
- Oven mitts
- Rubber spatula or wooden spoon
- Food mill
- Large bowl
- Ladle

**Note:** If you don't have a food mill, peel and core the apples before cooking and mash them at the end of step 4 with a potato masher. Your applesauce will be less pink and a little less appley tasting, but it will still be delicious!

## Directions

1. Use knife to cut apples into quarters.
2. Place apples in large saucepan. Add water, salt, and cinnamon (if using).
3. Cover and cook over medium heat until apples are soft and broken down, 20 to 25 minutes. During cooking, use oven mitts to remove lid and use rubber spatula or wooden spoon to stir a few times.
4. Turn off heat and slide saucepan to cool burner. Uncover and let apples cool for at least 15 minutes.
5. Set food mill over large bowl (ask an adult to show you how). Working in batches, use ladle to transfer apples to food mill basket. Crank apples through food mill into bowl. Discard skins and seeds left behind in food mill.
6. Add a small amount of sugar to applesauce, 1 teaspoon at a time (if using). Serve warm or at room temperature. (Cooled applesauce can be refrigerated for up to 1 week.)



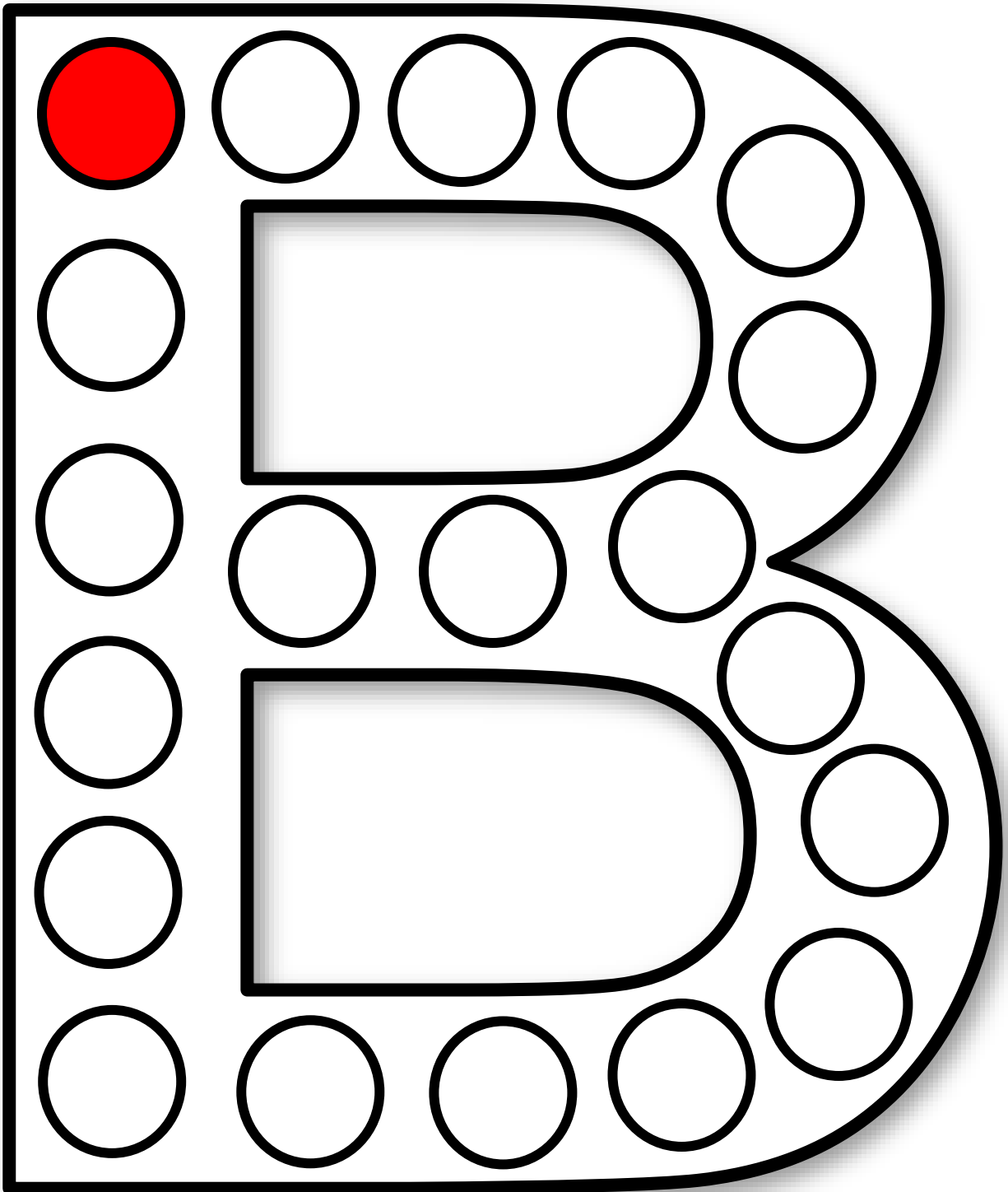
# Examples of Alliteration

## The Letter "A"

Abigail's Aunt Alice ate  
apples and applesauce  
around April.

## The Letter "A"

Anna and Andrew  
anxiously anticipate  
another annual  
anniversary.



# Letter Tracing with Buttons





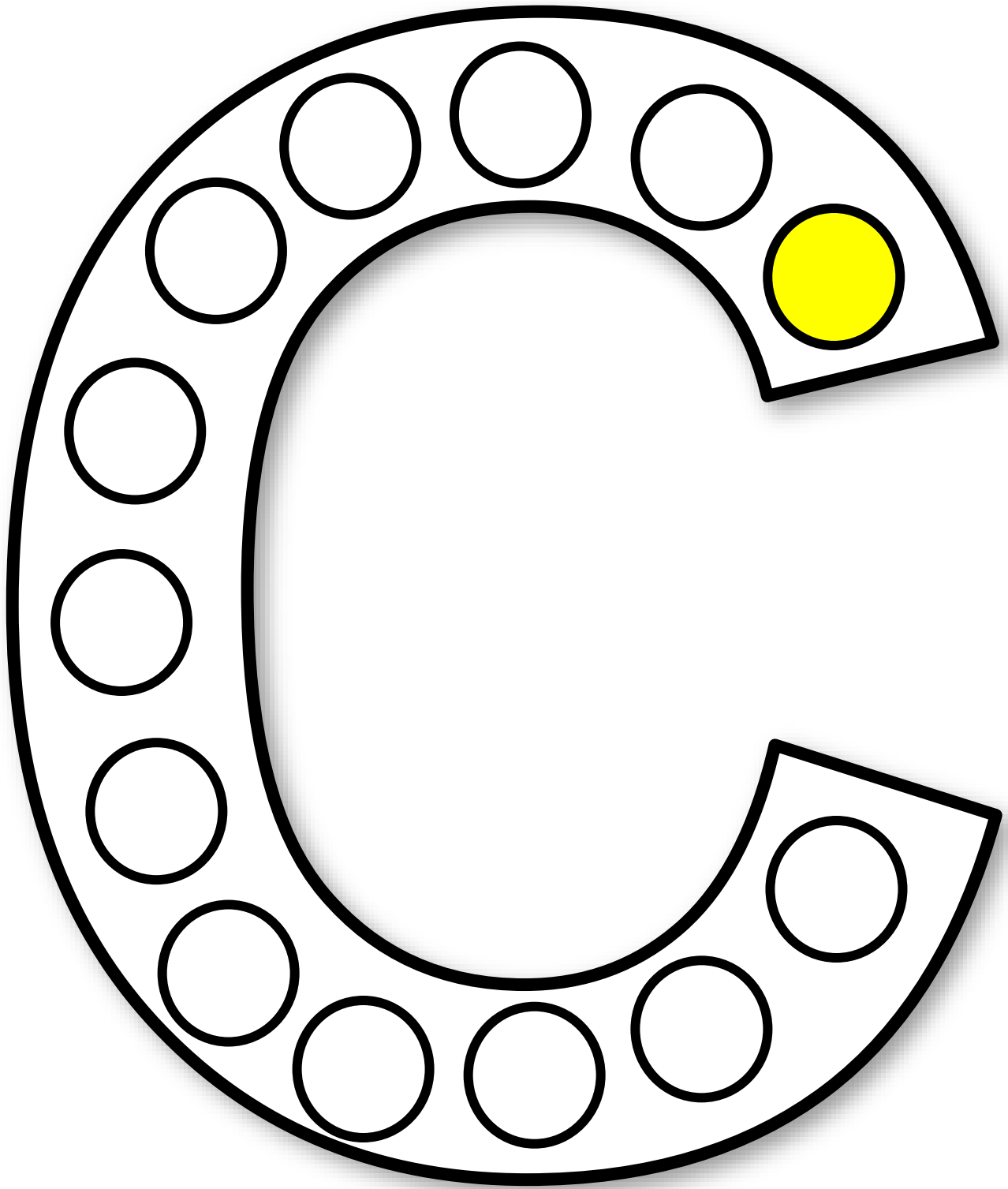
# Examples of Alliteration

## The Letter "B"

*Black bug bit a big black bear. But where is the big black bear that the big black bug bit?*

## The Letter "B"

*Barney's blue bag has been broken by Bart's beagle Barry.*



# Decorate a Cap with Buttons



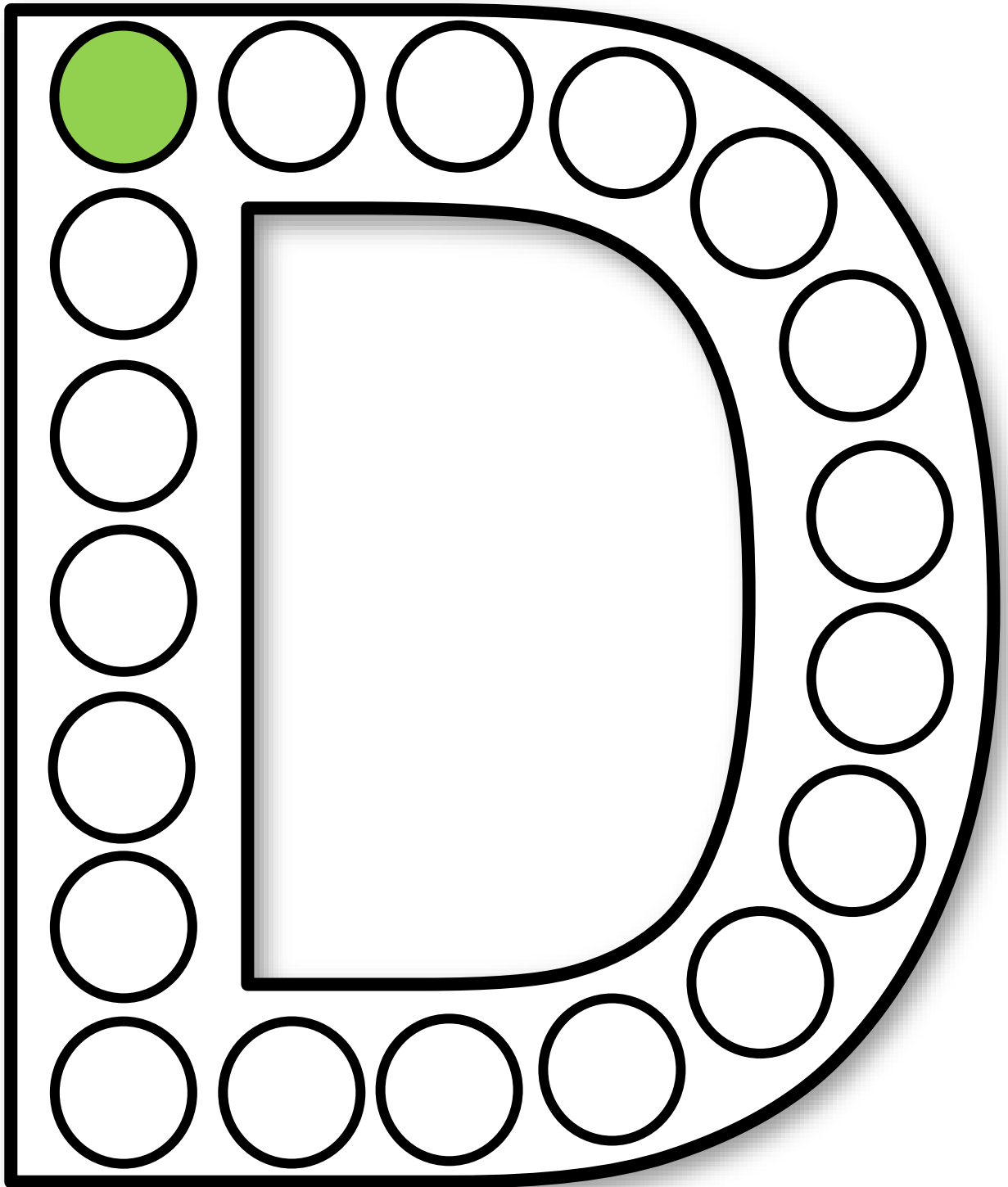
# Examples of Alliteration

## The Letter "C"

*A good cook could cook  
as many cookies as a  
good cook who could  
cook cookies.*

## The Letter "C"

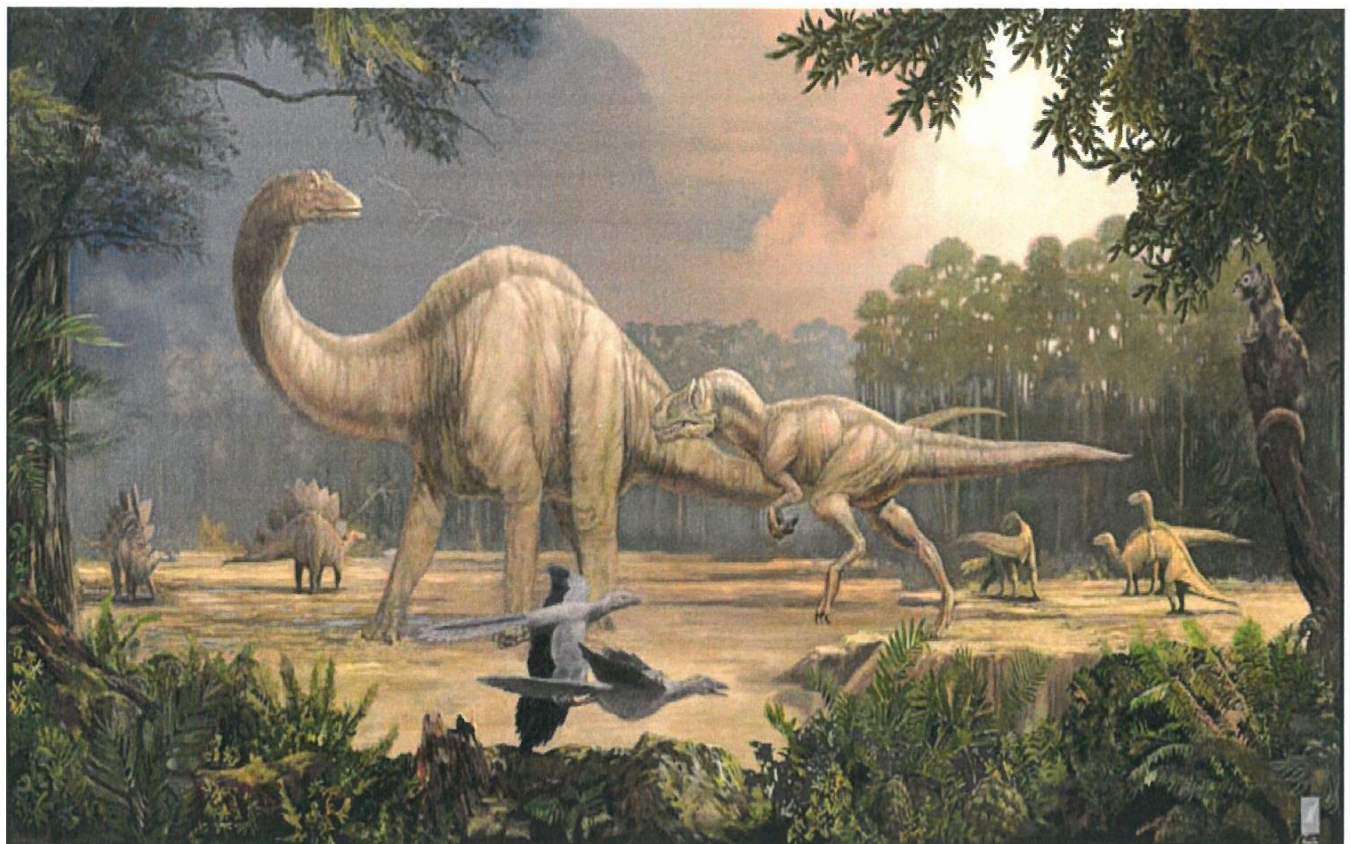
*Carla's car crashed  
and clanked on the  
cacti.*



# Family Dance Hour



# Discuss Dinosaurs



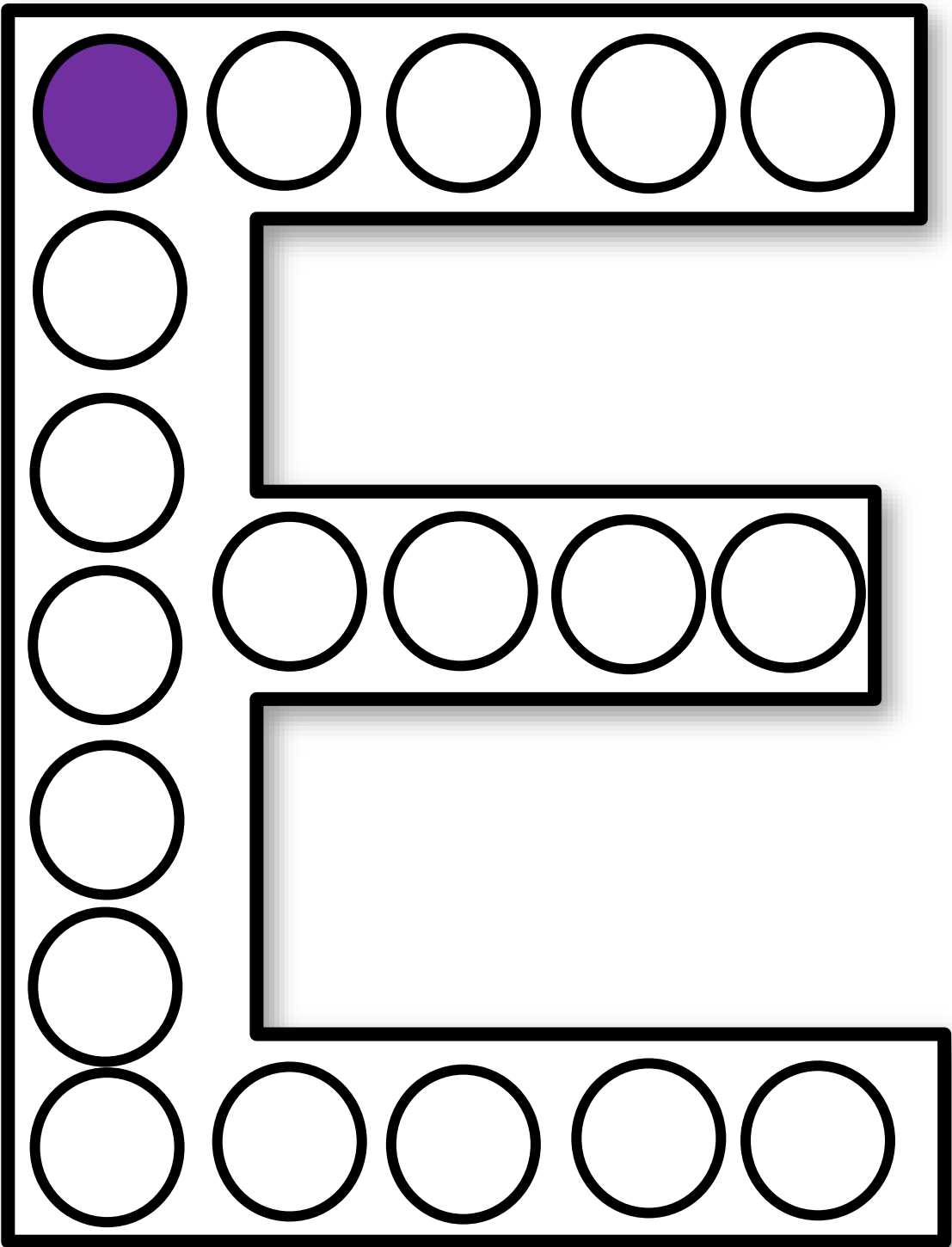
# Examples of Alliteration

## The Letter "D"

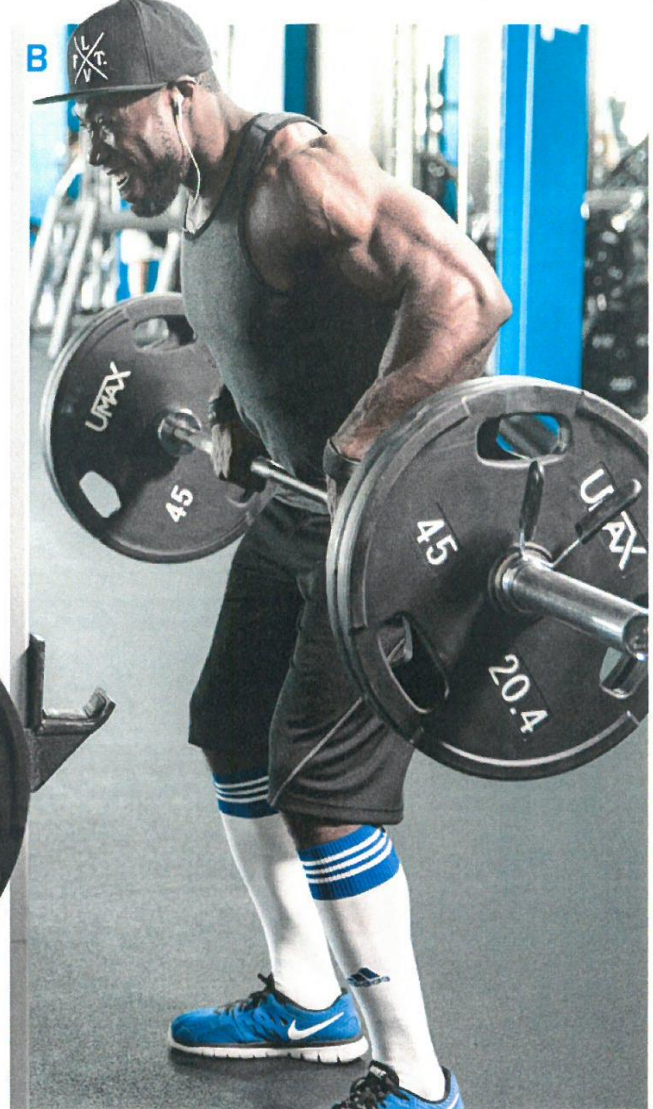
*Dylan's dog Dawson  
drank in the dirty dam.*

## The Letter "D"

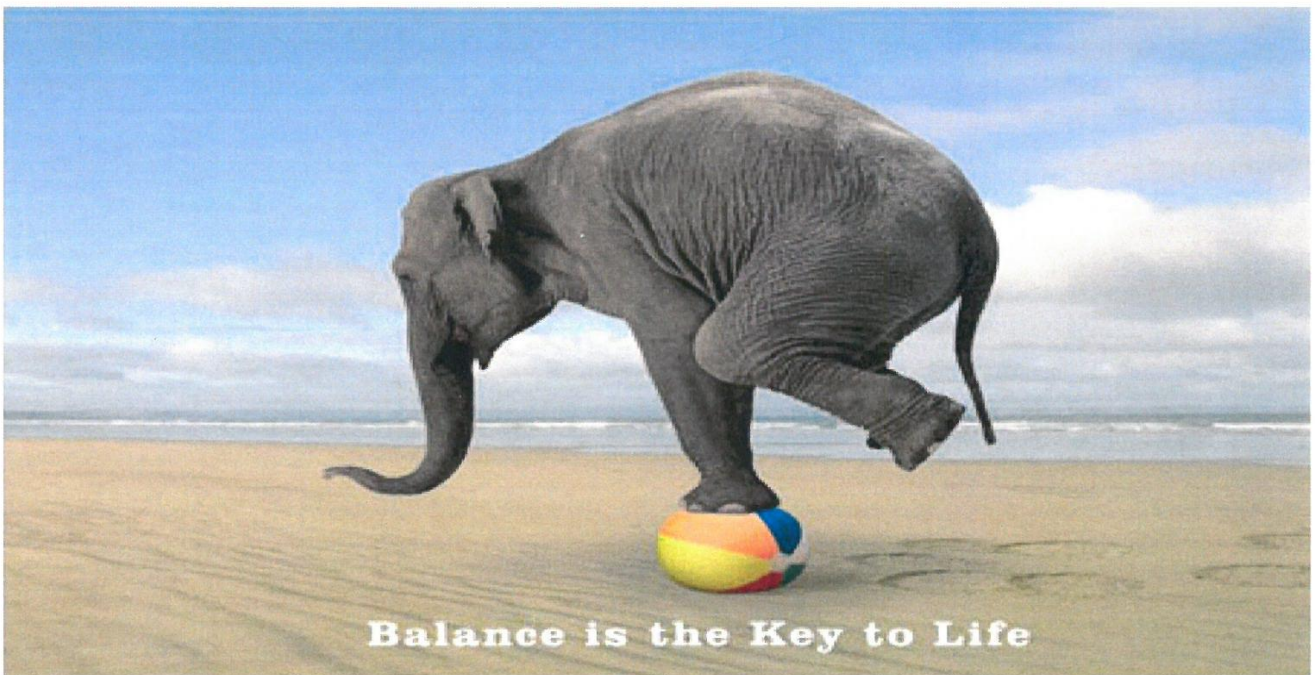
*Denise's discount  
designer denim dress  
distracted Dick*







**Exercise is Good for Health**



**Family Exercise hour**

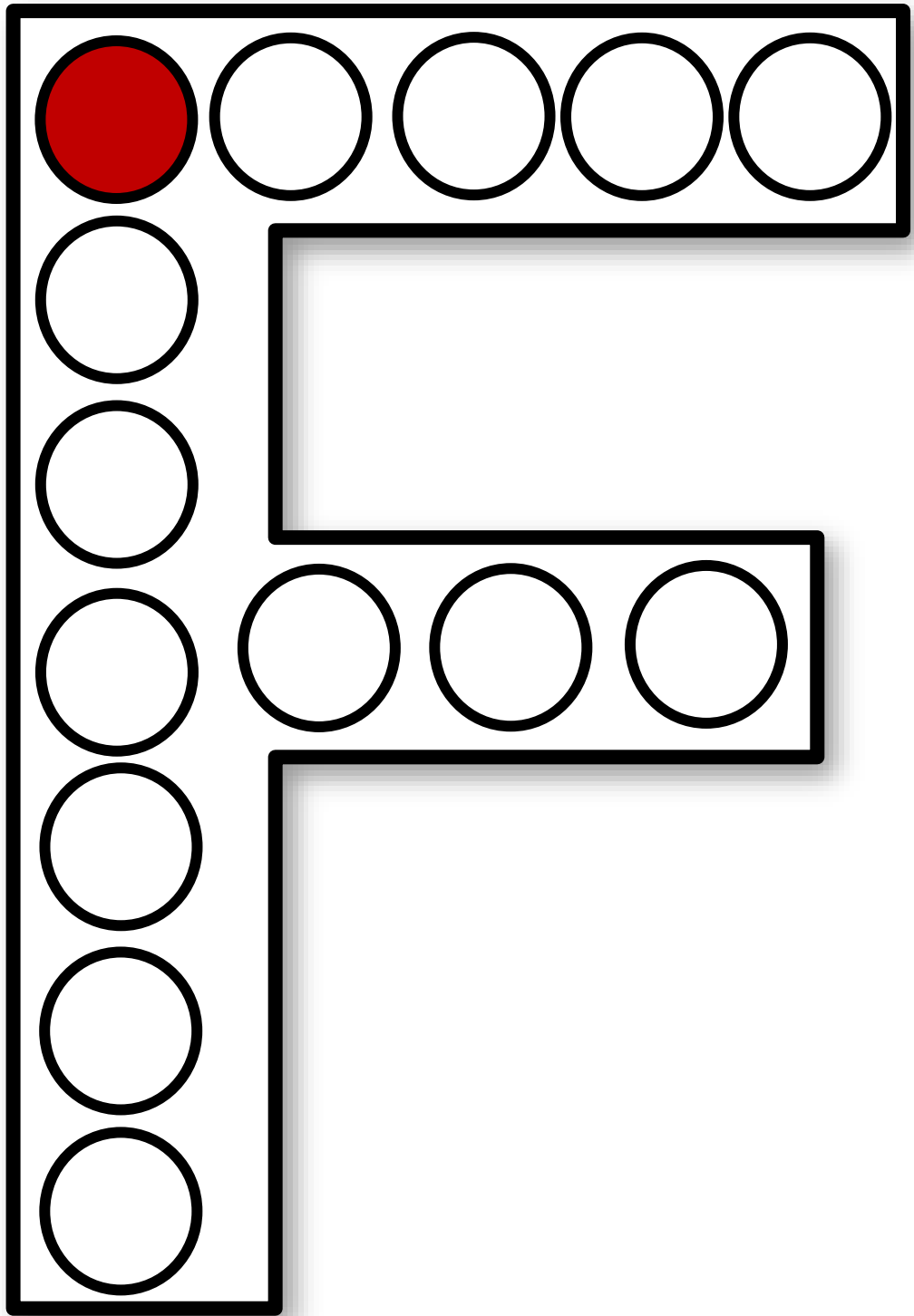
# Examples of Alliteration

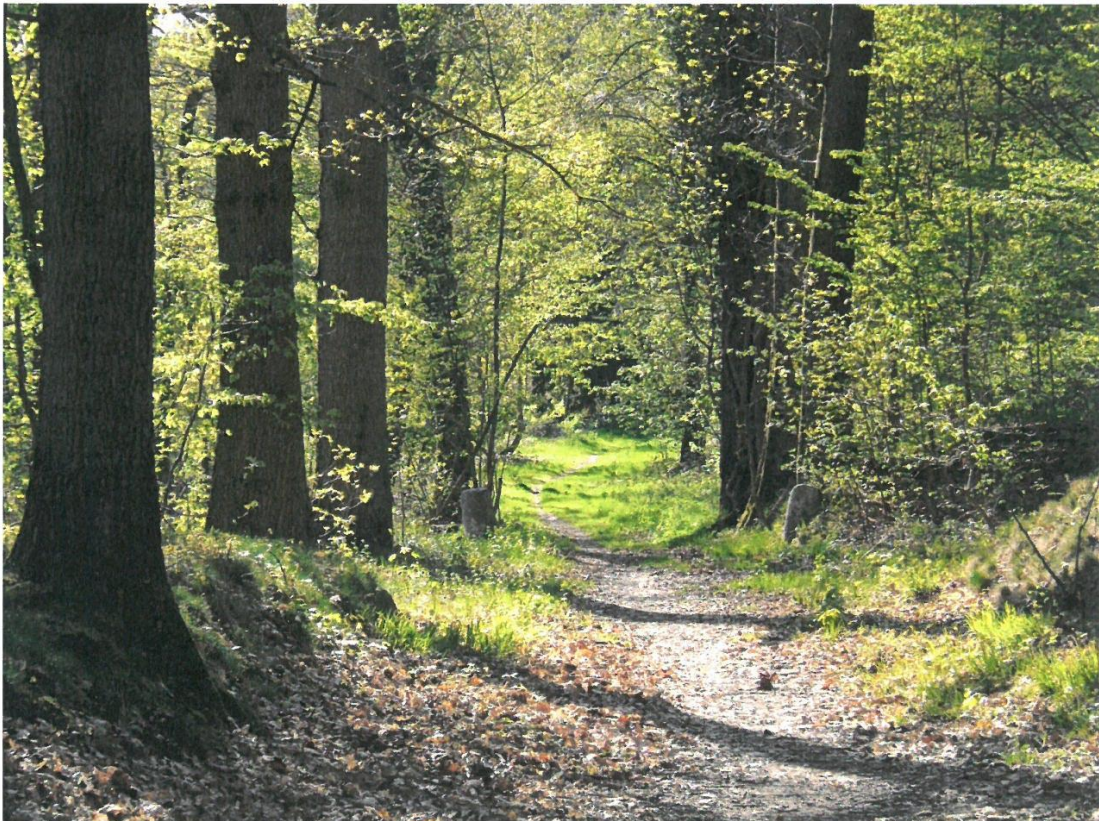
The Letter "E"

*Elise's Easter eggs  
are elegant.*

The Letter "E"

*Eleven-year-old Ellie  
the elephant roamed  
the earth for eggs*





**Family Scavenger Hunt in a Forest (Pinnacle Mountain)**

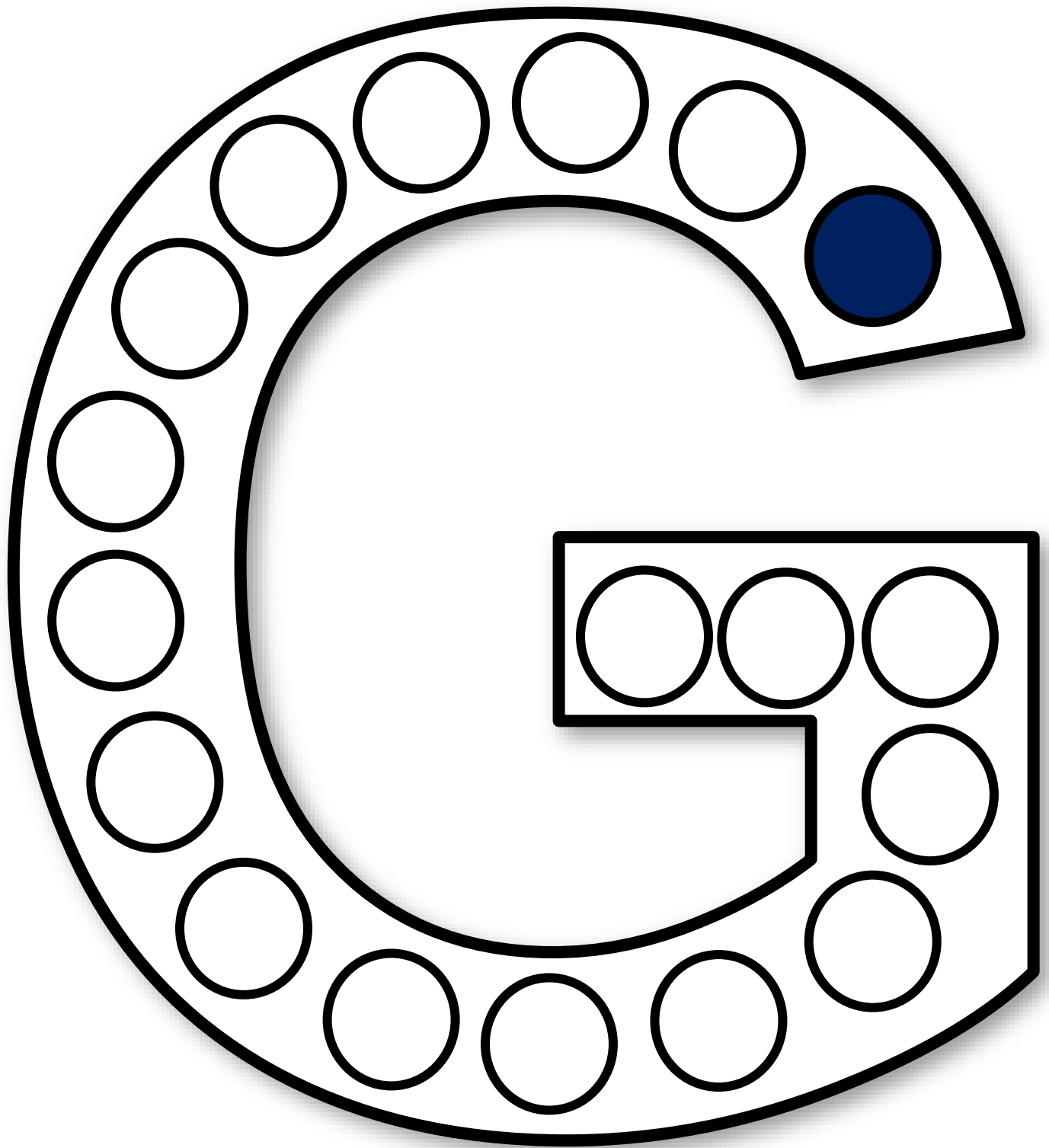
# Examples of Alliteration

## The Letter "F"

*A flea and a fly in a flue  
Said the fly "Oh what should we do"  
Said the flea" Let us fly  
Said the fly "Let us flee"  
So they flew through a flaw in the flue*

## The Letter "F"

*Francis' father fried  
french fries using  
forest fire.*





# Bubble Challenge

LuckyFortune8Family

# Examples of Alliteration

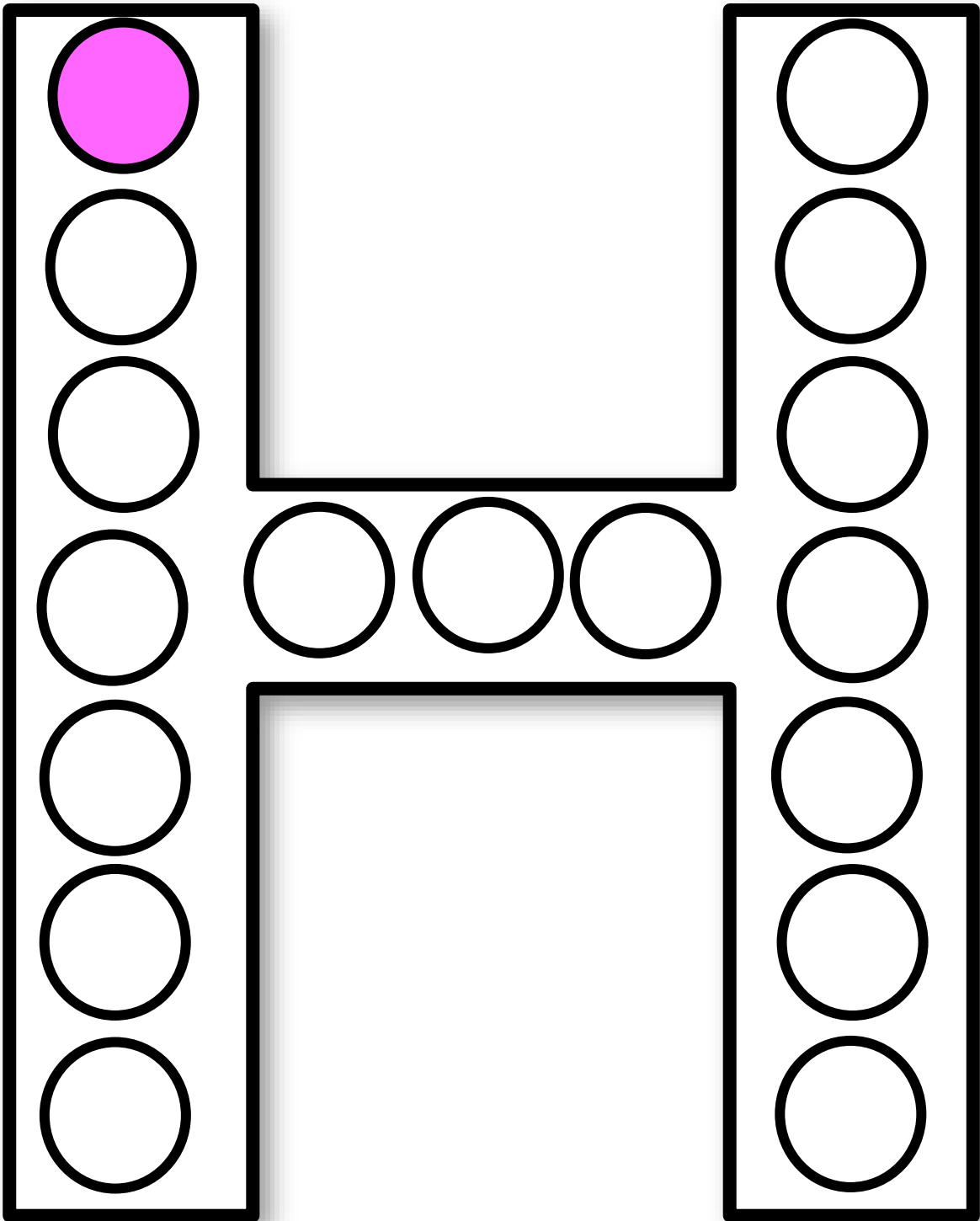
## The Letter "G"

Gary, the guard, guided  
the goose to Germany.

## The Letter "G"

The girl grabbed  
the golden goose  
and ran.





# Family Fun with Hair



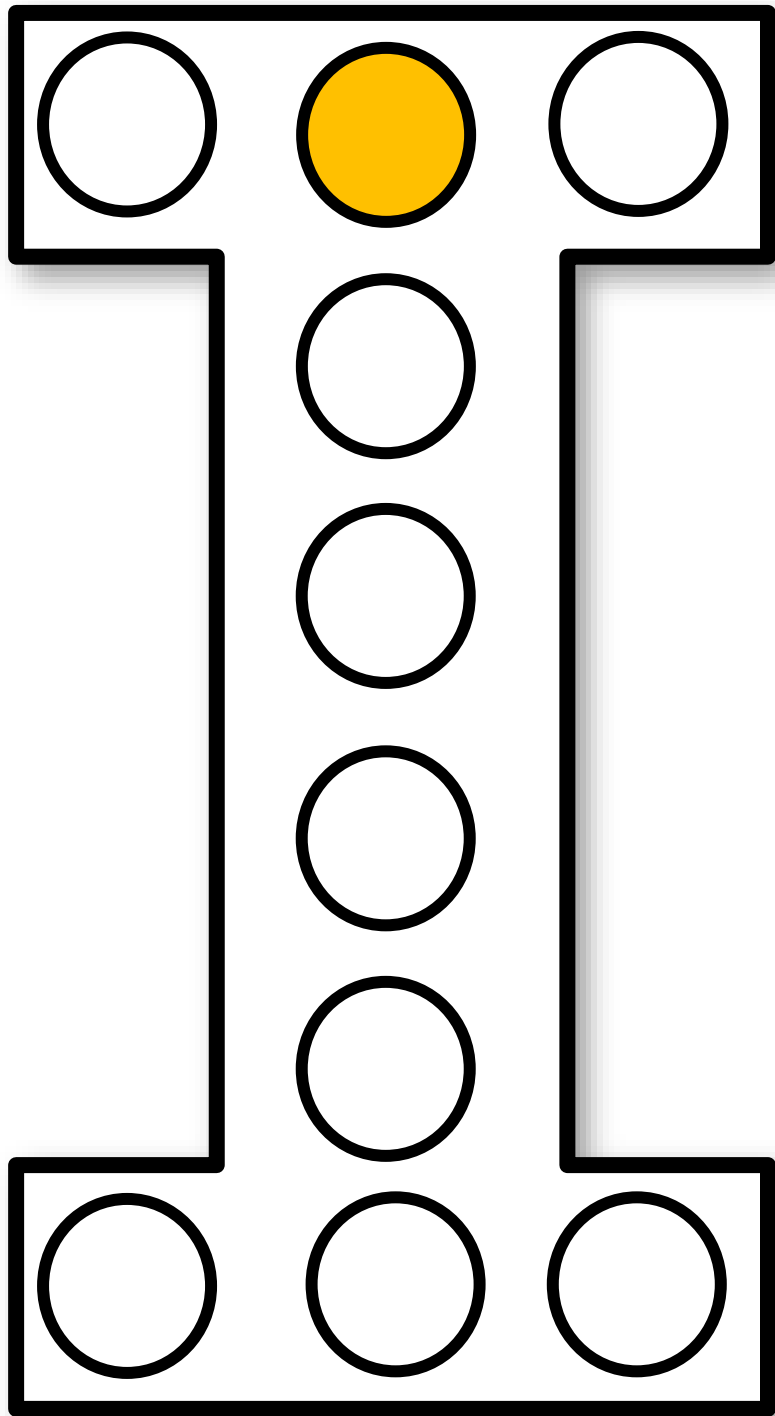
# Examples of Alliteration

The Letter "H"

*Honey's honeybees  
have horrible  
honeycombs.*

The Letter "H"

*The hummingbirds  
hovered in heavenly  
harmony.*



# INSECTS



honeybee



wasp



ladybird



bug



fly



ant



mosquito



dragonfly



butterfly



cleg



grasshopper



bumblebee

Family Scavenger Hunt to find insects.  
(Circle the ones you find.)

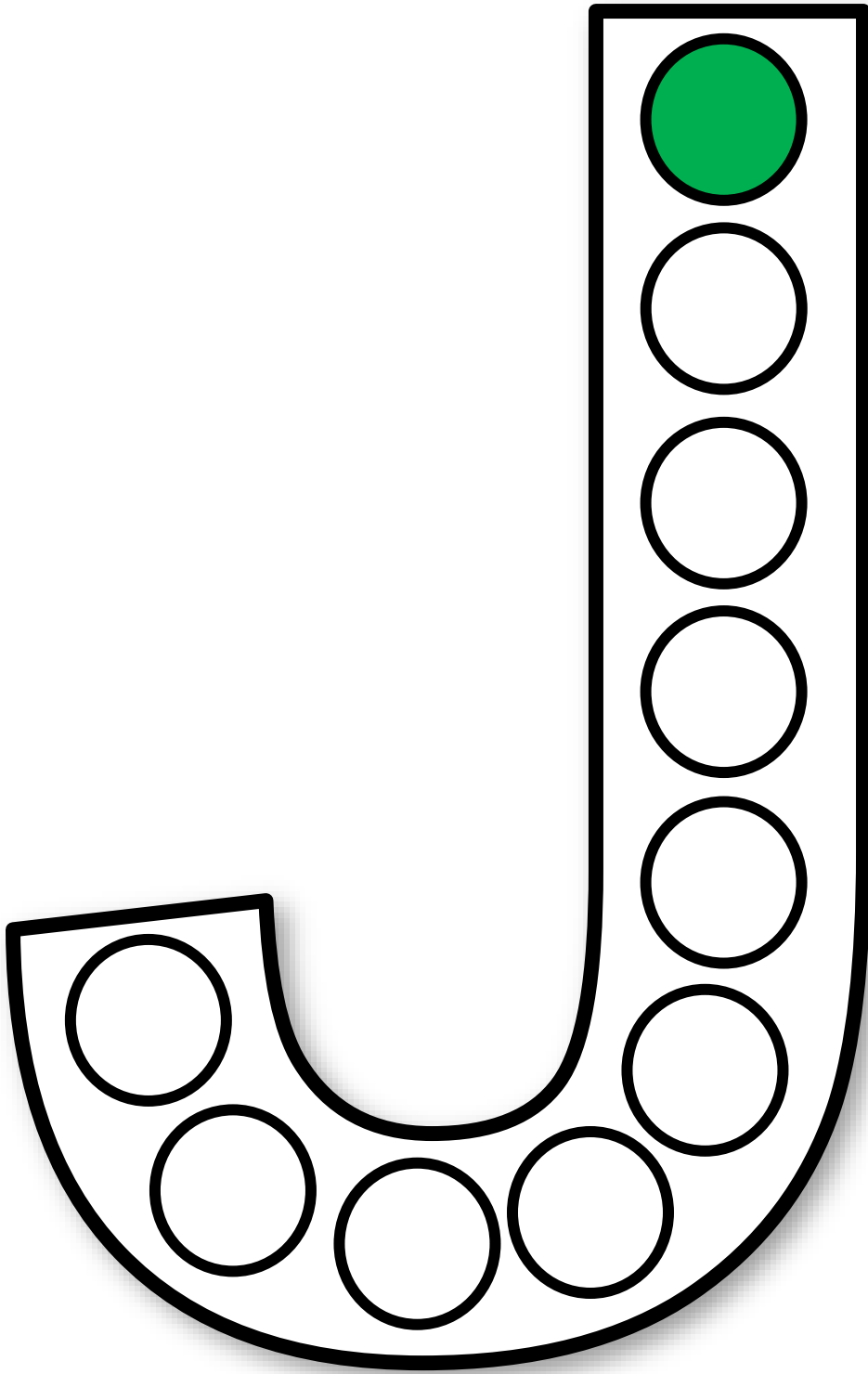
# Examples of Alliteration

## The Letter "I"

*Isabel's igloos are  
shaped like ice cream.*

## The Letter "I"

*Imagine an imaginary  
island with imaginary  
iguanas in igloos.*



# Jackie's Jingle Jacket





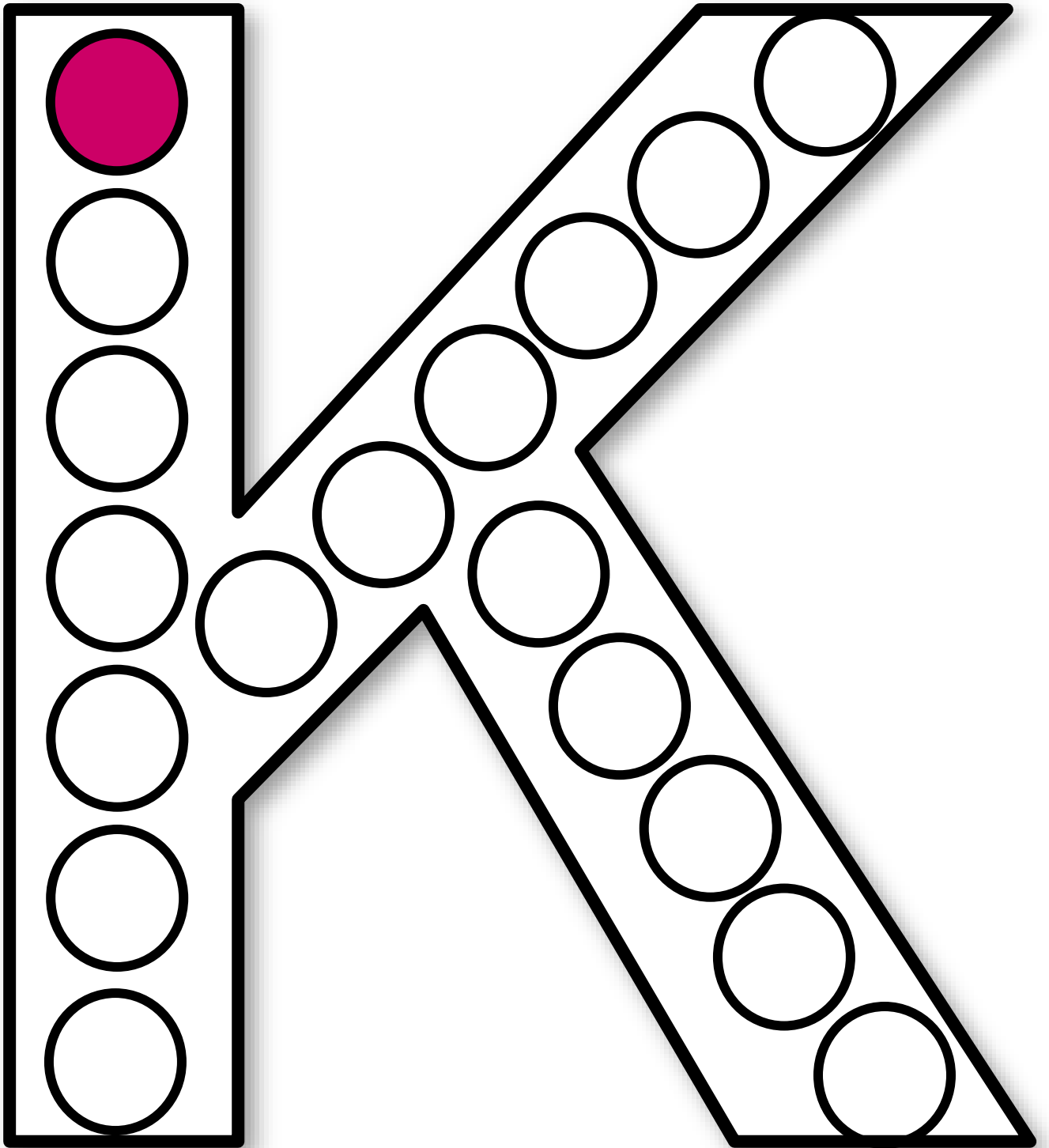
# Examples of Alliteration

The Letter "J"

*Jamaica is jogging  
joyfully around  
Jacksonville.*

The Letter "J"

*Jubilant Jesters  
juggle jingling junk.*





Family Fun with Kicking  
as High as You Can!

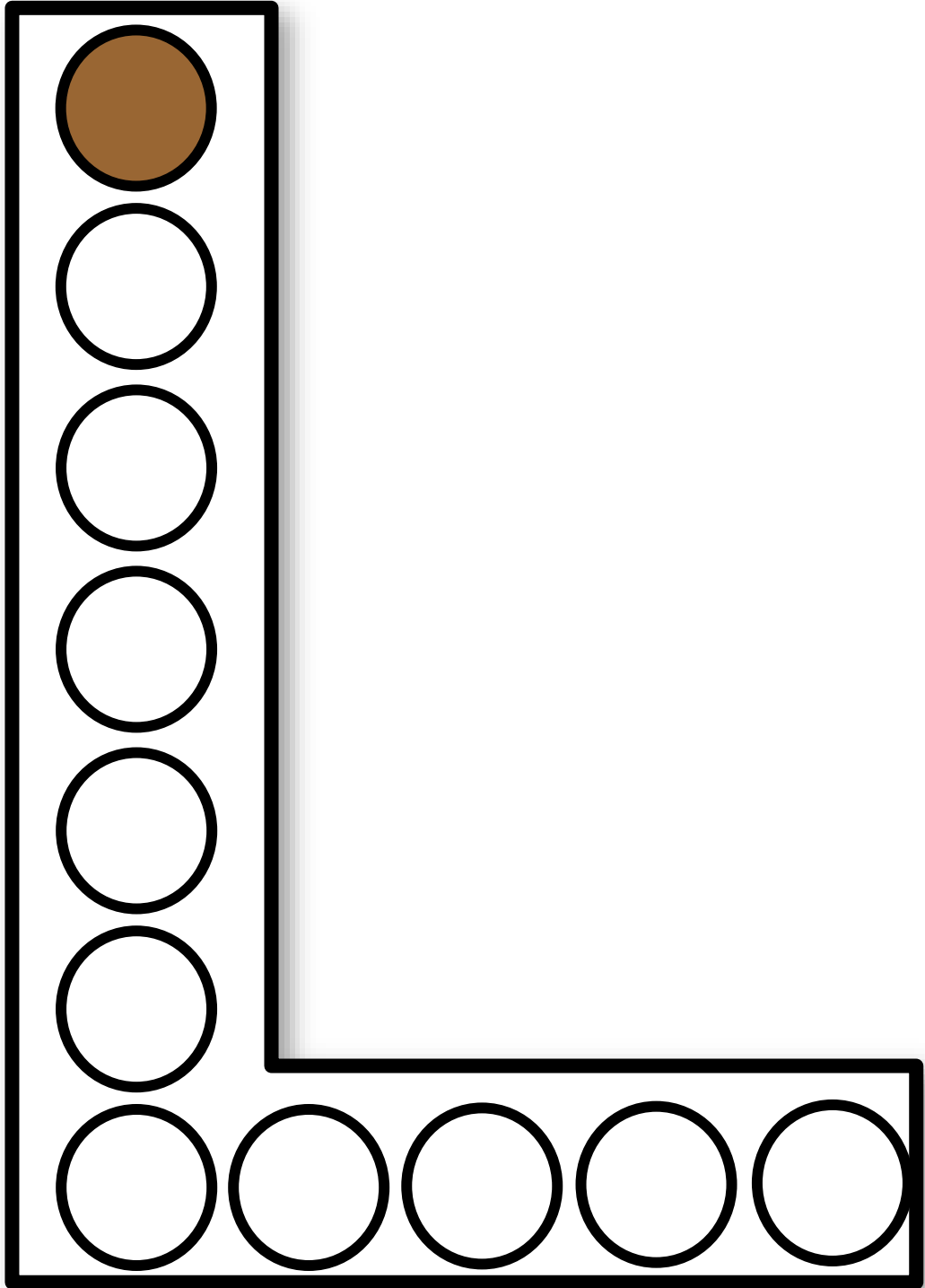
# Examples of Alliteration

The Letter "K"

Kim Kardashian's sister  
Khloe has kids, too.

The Letter "K"

Kaitlin's kids' kitchen  
keeps Krispy Kremes.



# LAUGHING



FUN WITH FAMILY

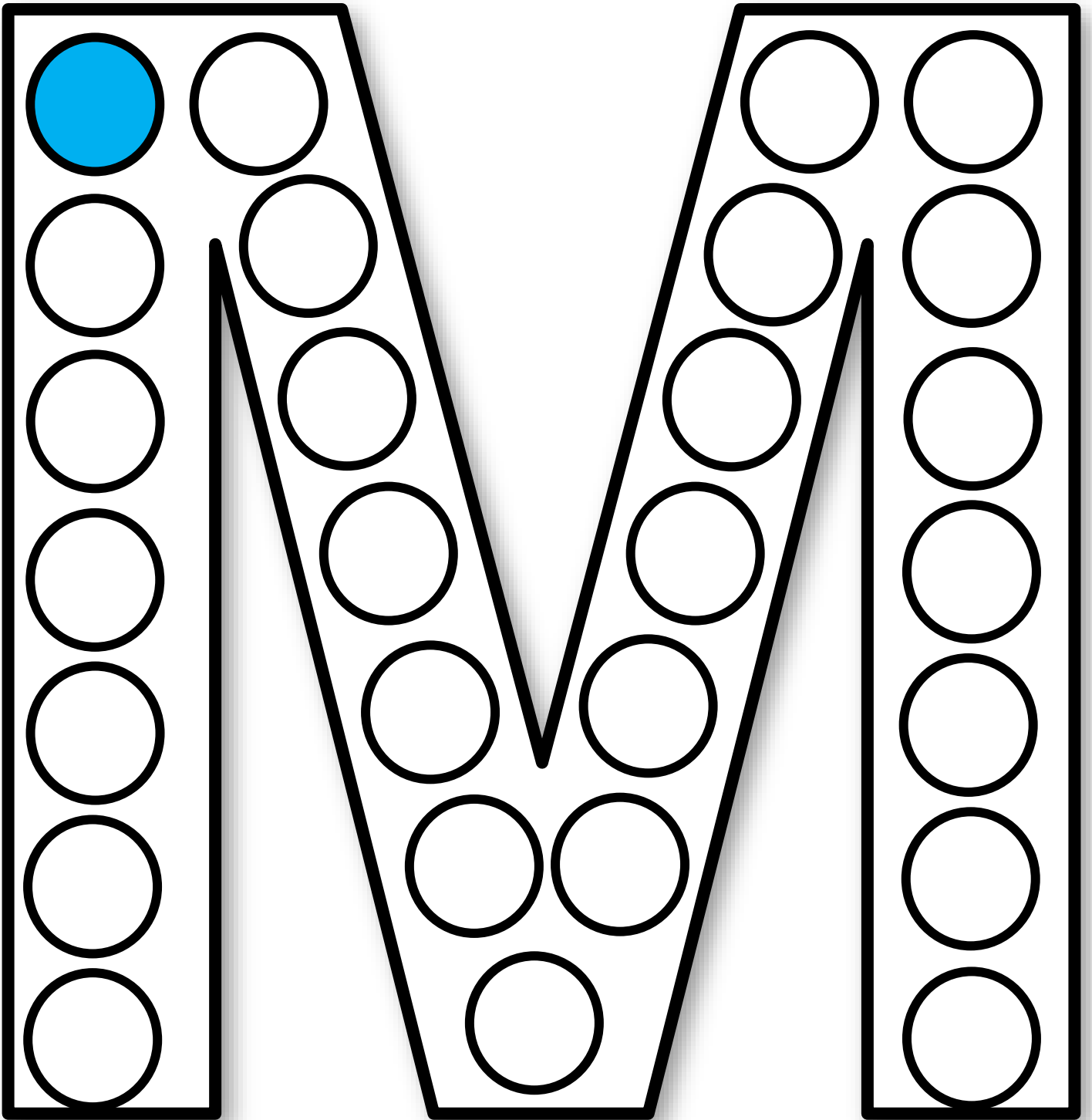
# Examples of Alliteration

## The Letter "L"

Lauren's leopard  
leggings look  
lackluster.

## The Letter "L"

The lion licked  
his lips.





**Munching meals for my**



**Mouth**

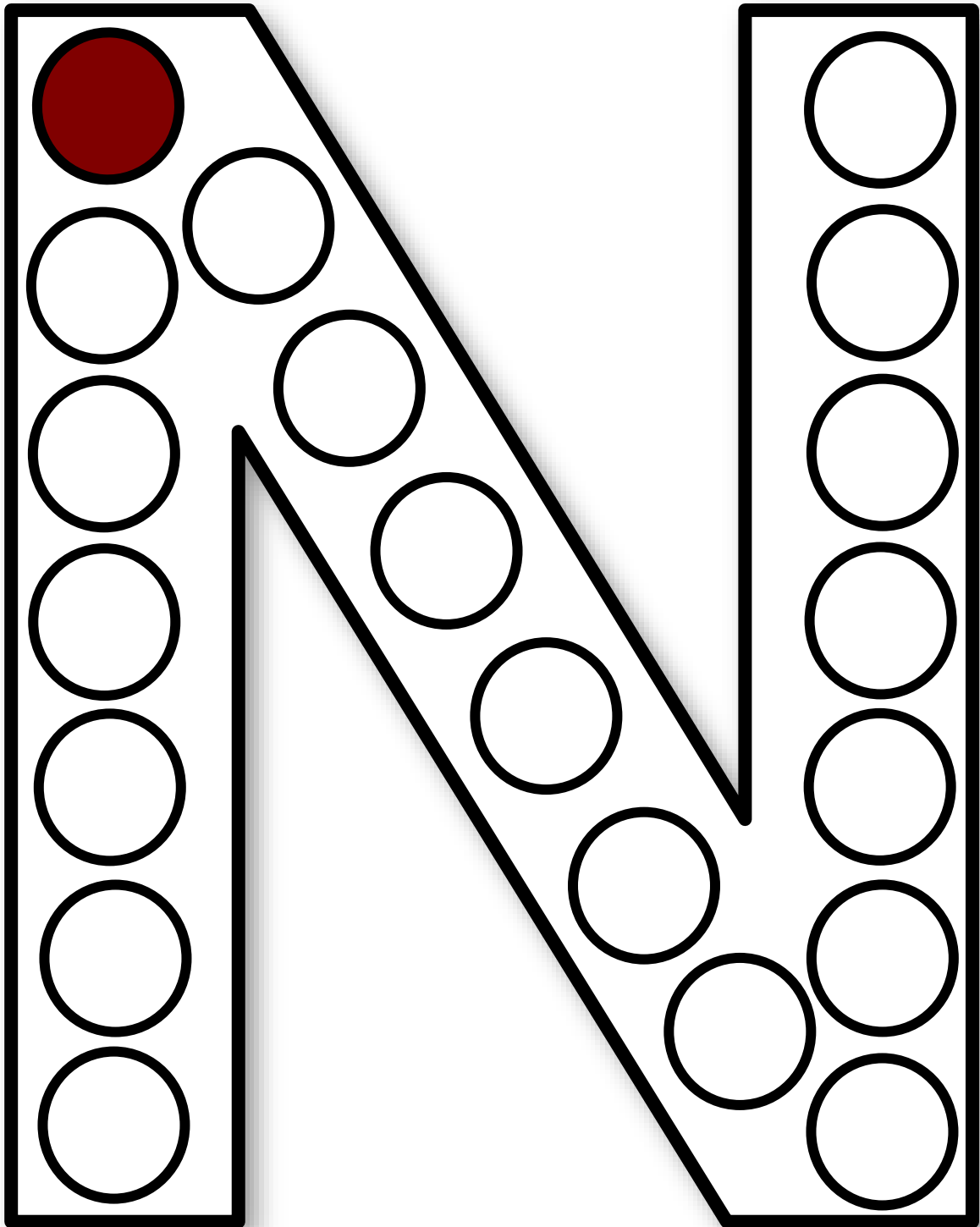
# Examples of Alliteration

## The Letter "M"



## The Letter "M"

*Marjorie's mother  
momentarily moped  
about the moldings.*



# **NOSE**



**Sniffing out and Guessing  
Certain Foods**

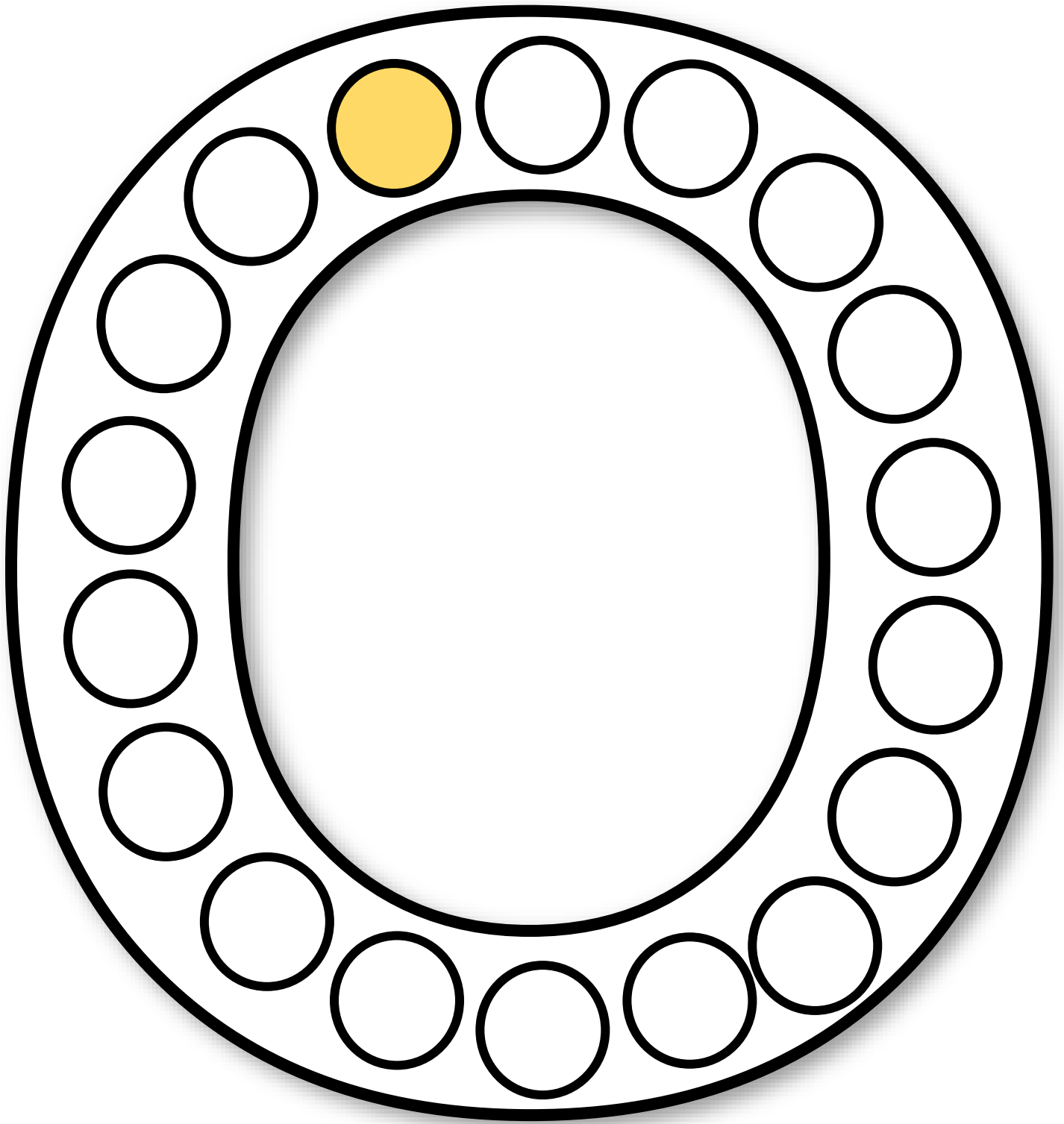
# Examples of Alliteration

The Letter "N"

*Nina's neighbor needed  
newly cooked nachos.*

The Letter "N"

*My neighbors are  
not normally noisy.*



# OPPOSITES CHART

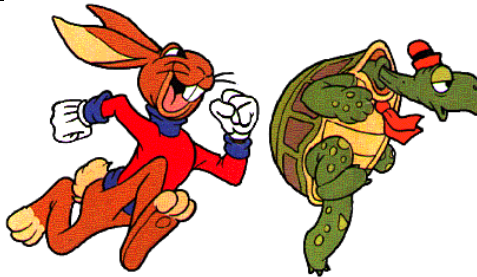
OLD

NEW



FAST

SLOW



YES

NO



UP

DOWN



OPEN

CLOSED



# Examples of Alliteration

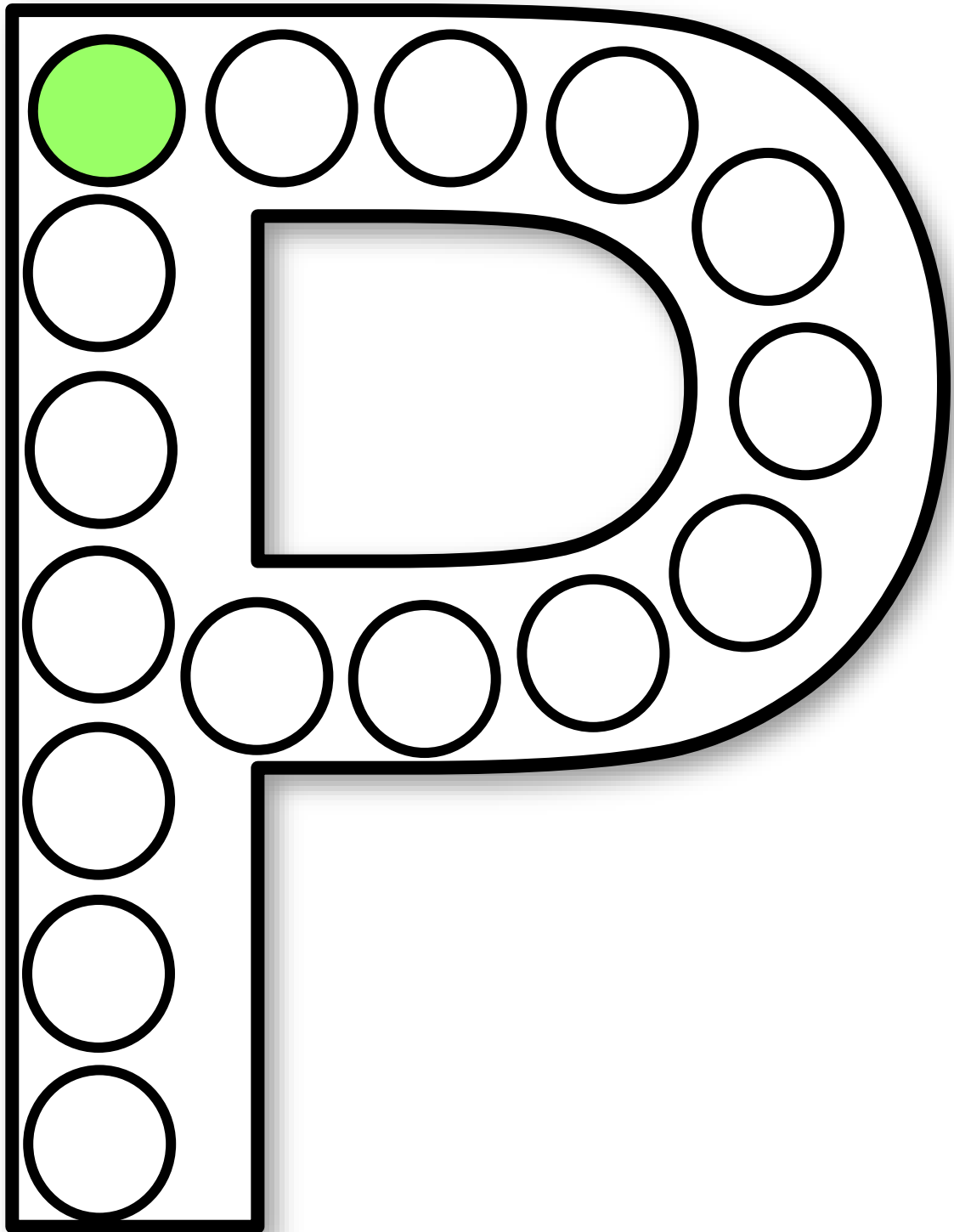
The Letter "O"

*Ophelia's overalls  
opened on its own.*

The Letter "O"

*Old Ollie obediently  
opened olive oil.*





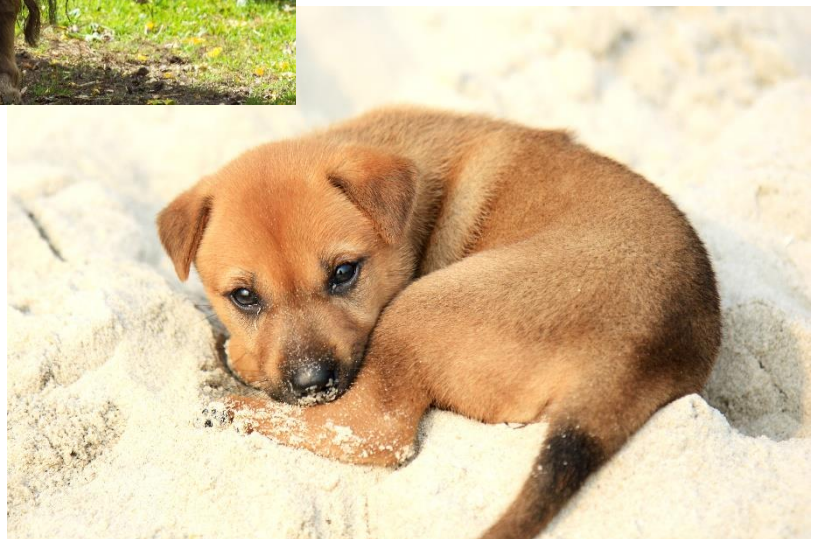
# P Words

**PIGS**



**PONY**

**PUPPY**



**Family Discussion on the importance of having a pet and the responsibilities that comes with it.**

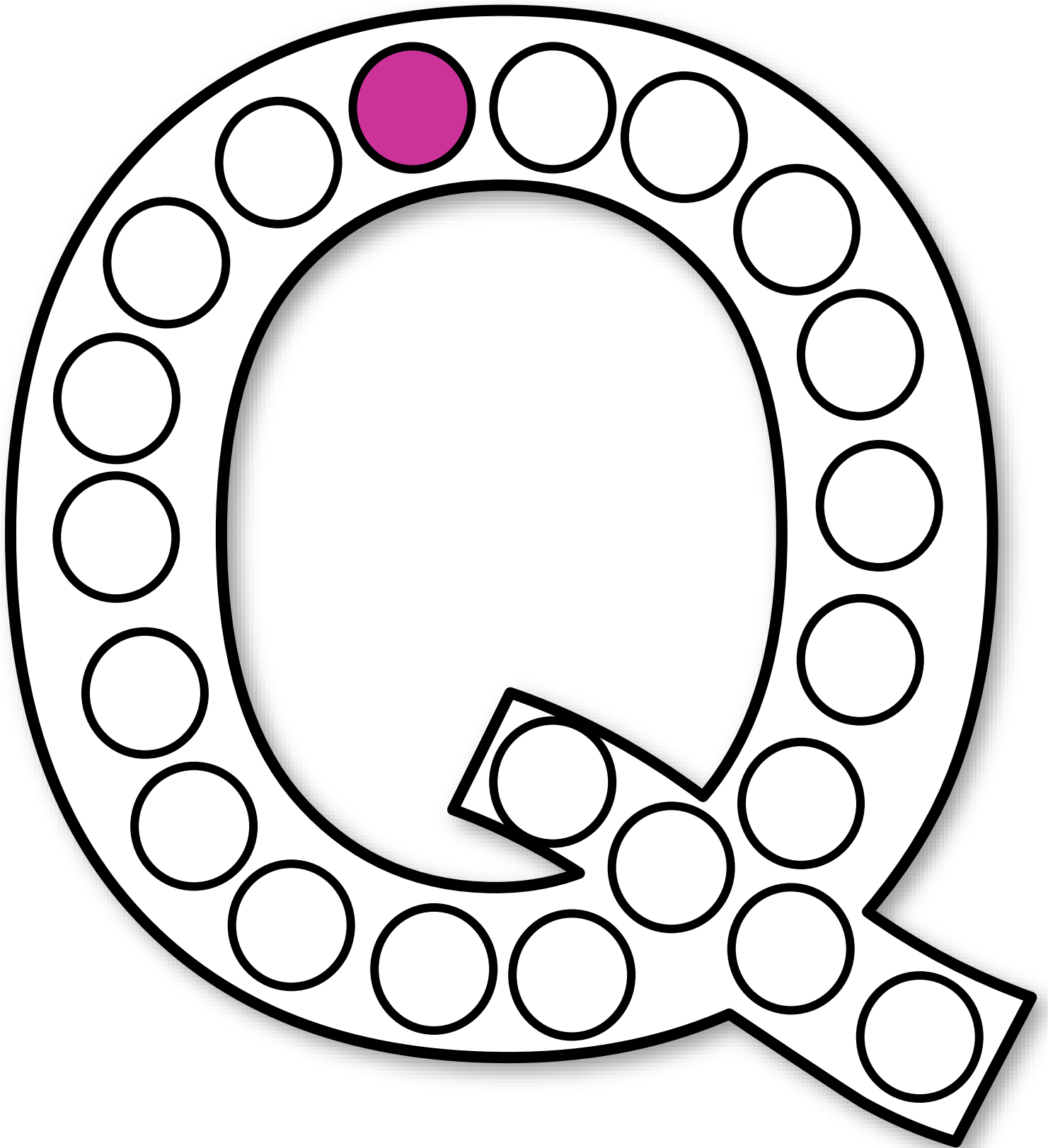
# Examples of Alliteration

## The Letter "P"

Peter Piper picked a peck of pickled peppers. A peck of pickled peppers Peter Piper picked. If Peter Piper picked a peck of pickled peppers how many pickled peppers did Peter Piper pick?

## The Letter "P"

Paul' pet pig Patty looks pretty and pristine.



Plan to visit the library or take a trip  
and identify your questions in advance.

What to you need to know?

# Ask Questions



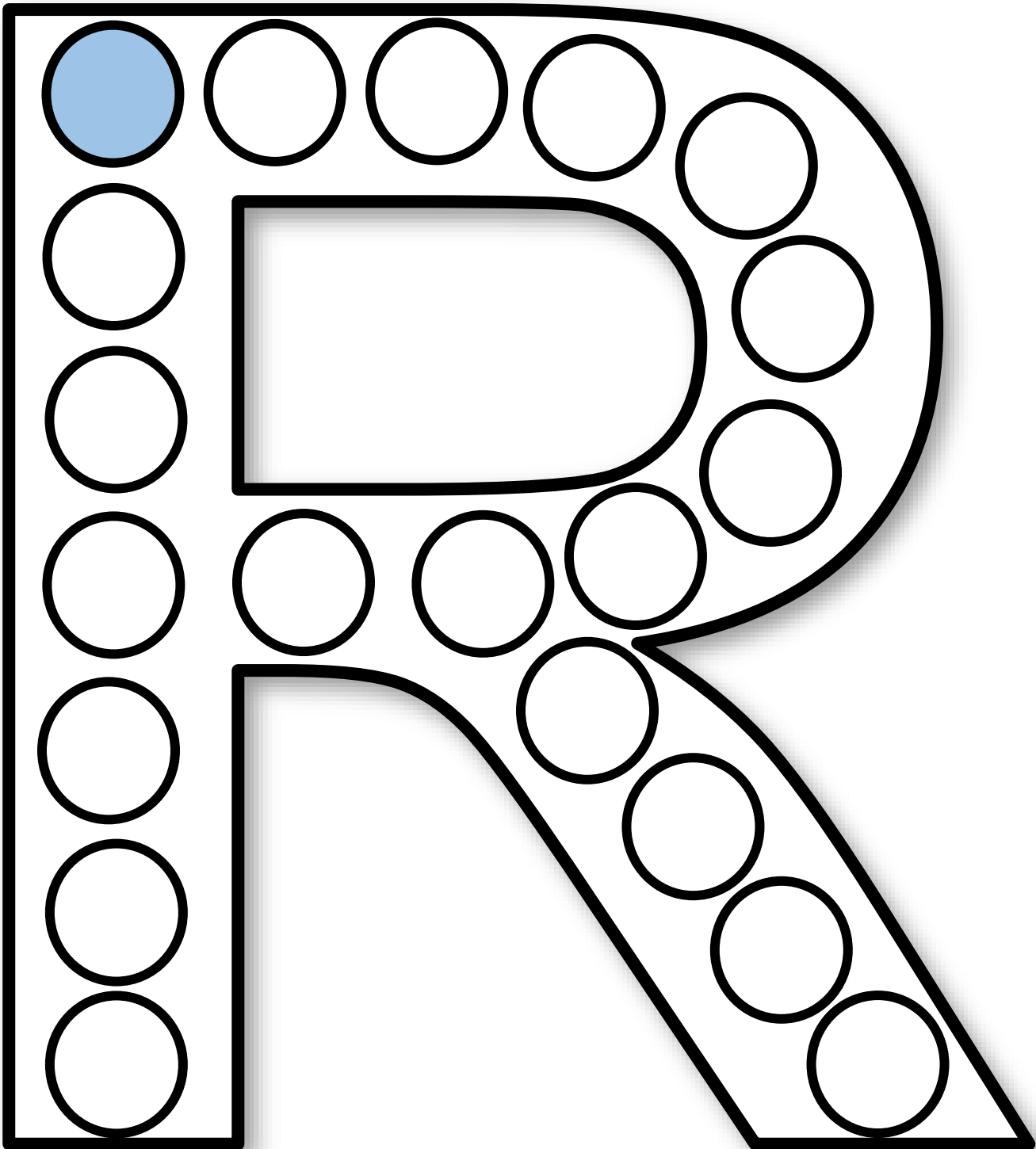
# Examples of Alliteration

The Letter "Q"

*Quentin's quietly  
and quickly queued.*

The Letter "Q"

*Quietly quote  
questionable quizzes.*



# RED ROSES



**Go on a scavenger hunt and identify what's needed to keep roses or plants alive (water, dirt, sun, plant food, loving care).**



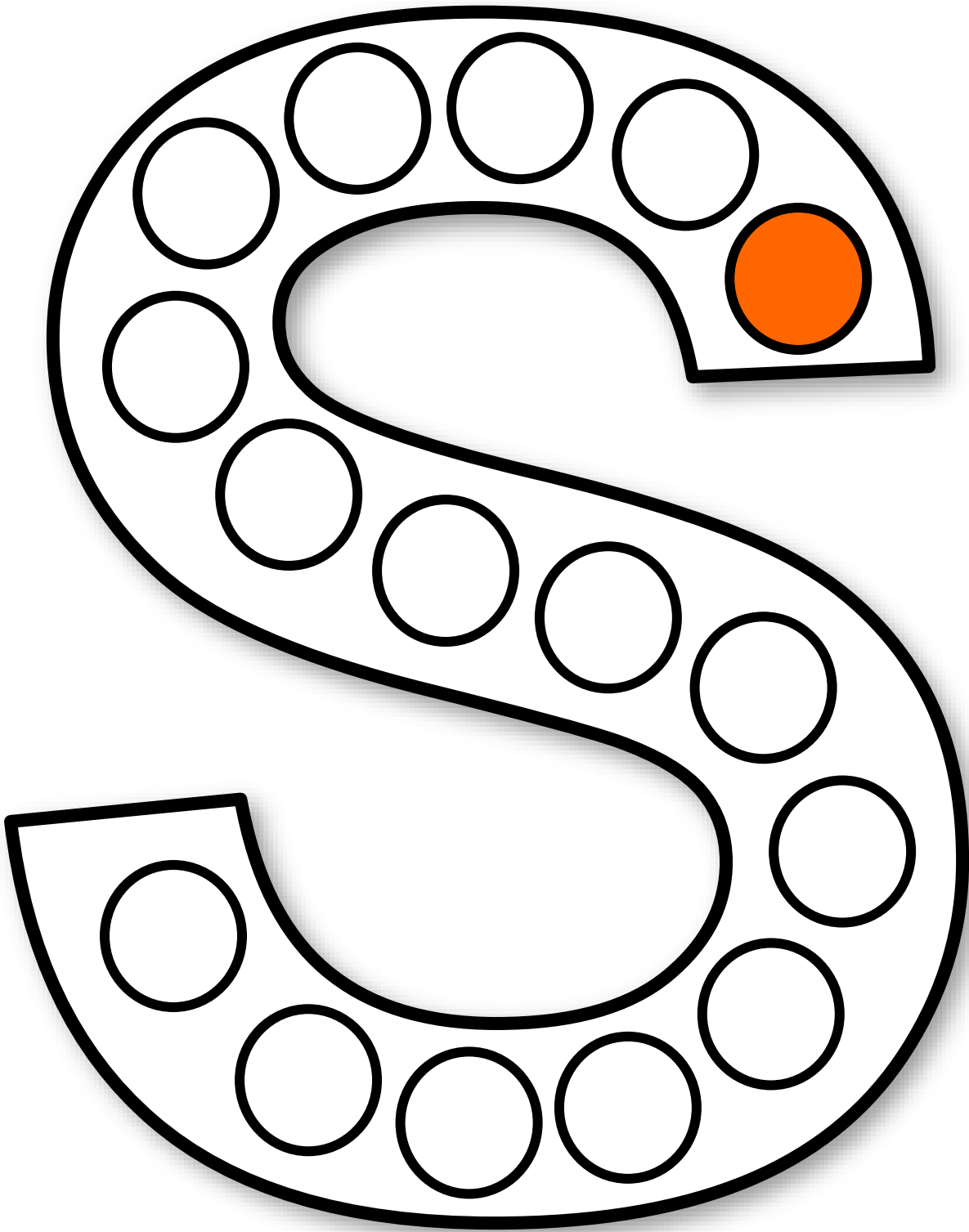
# Examples of Alliteration

The Letter "R"

Ron ran around the  
room for no reason.

The Letter "R"

The red roses were  
wrapped in ribbons.





## **Races:**

- 1) Super sock water race.**
- 2) Stealing sock race (socks in a pile, find a pair).**
- 3) Wear socks on hands while partner holds legs and race against family members.**

# Examples of Alliteration

## The Letter "S"

*A skunk sat on a stump.  
The stump thought the skunk stunk.  
The skunk thought the stump stunk.  
What stunk the skunk or the stump?*

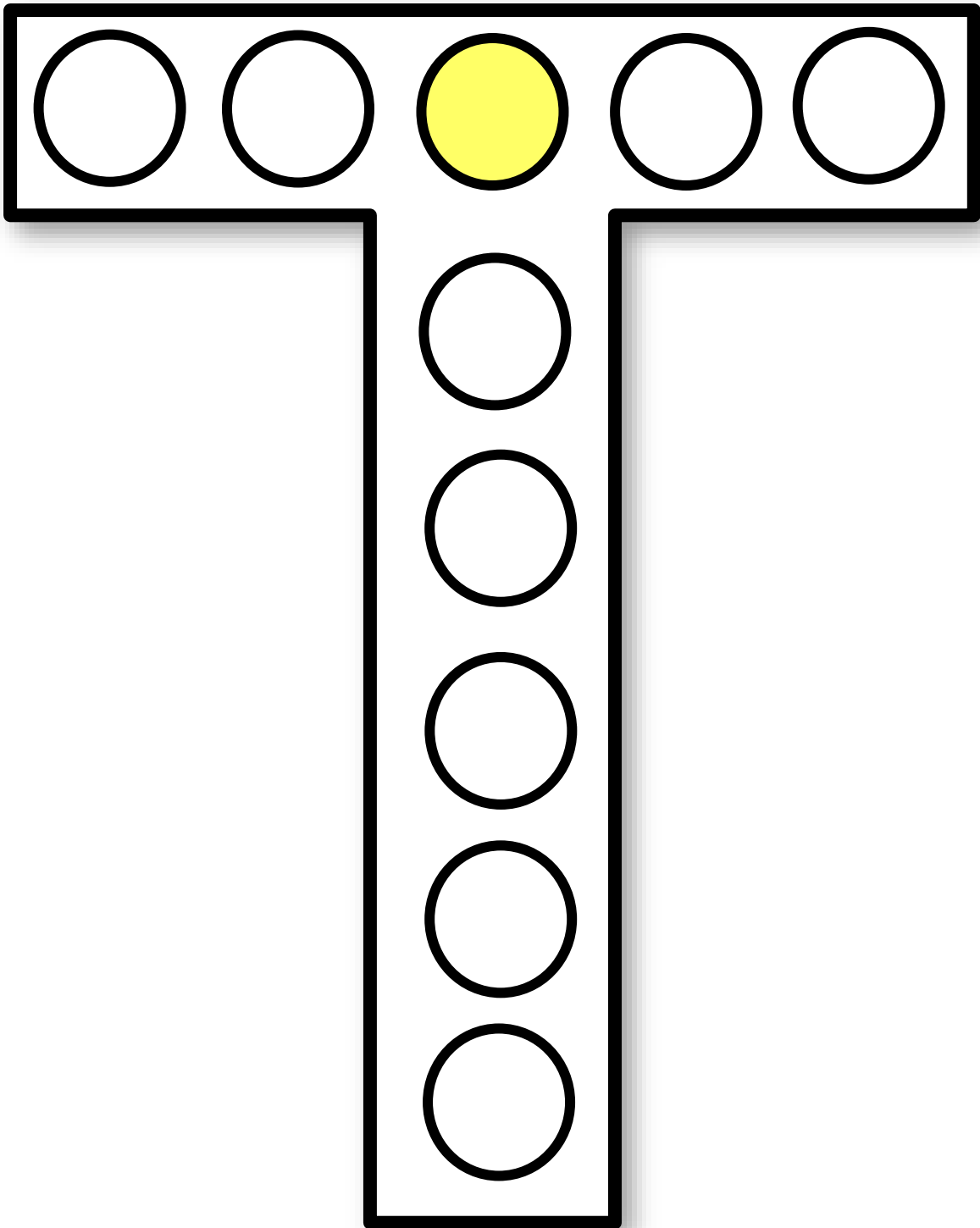
## The Letter "S"

*Savannah, the soulful  
singer, sang another  
soulful song.*

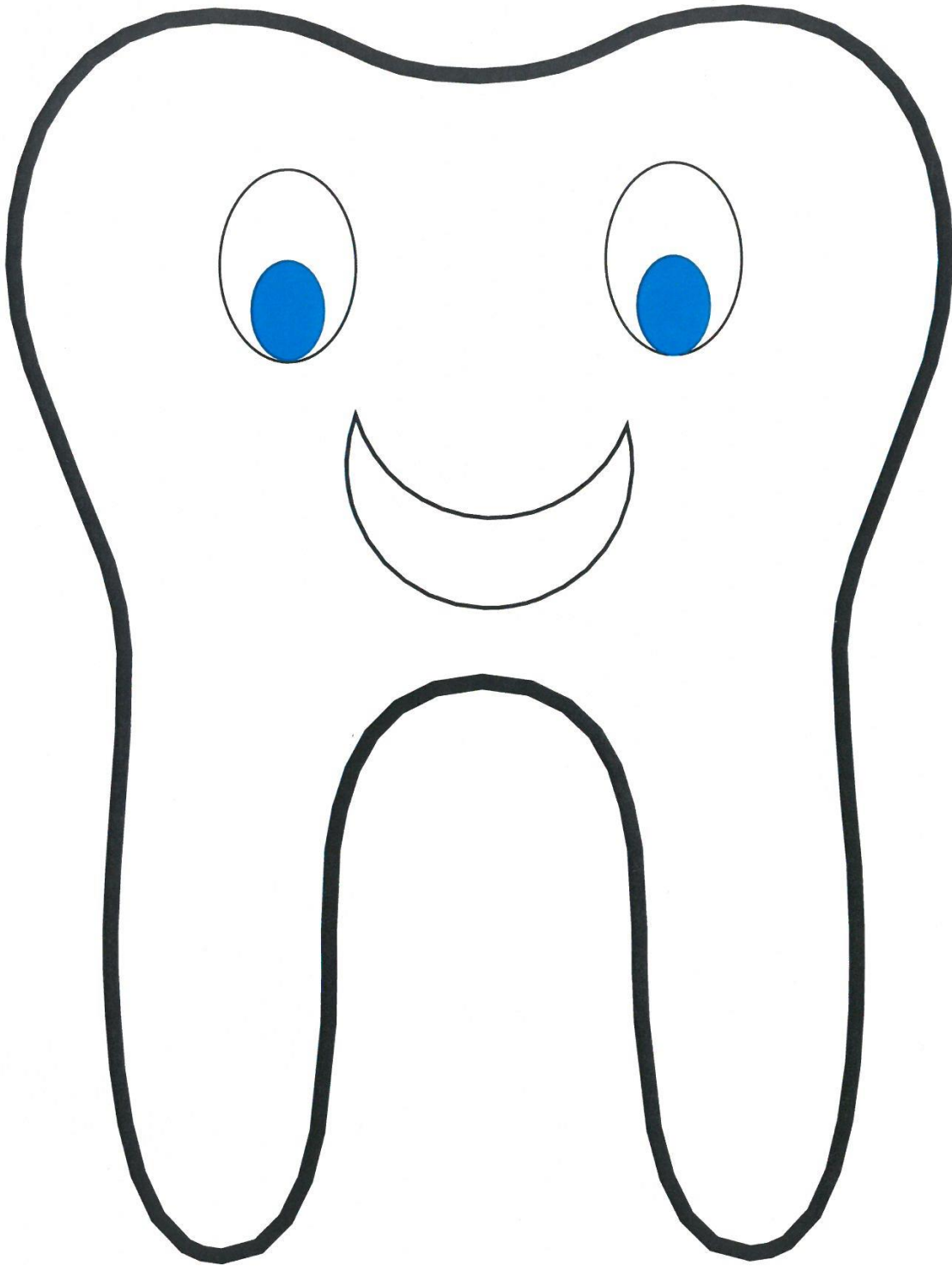
# Examples of Alliteration Tongue Twister

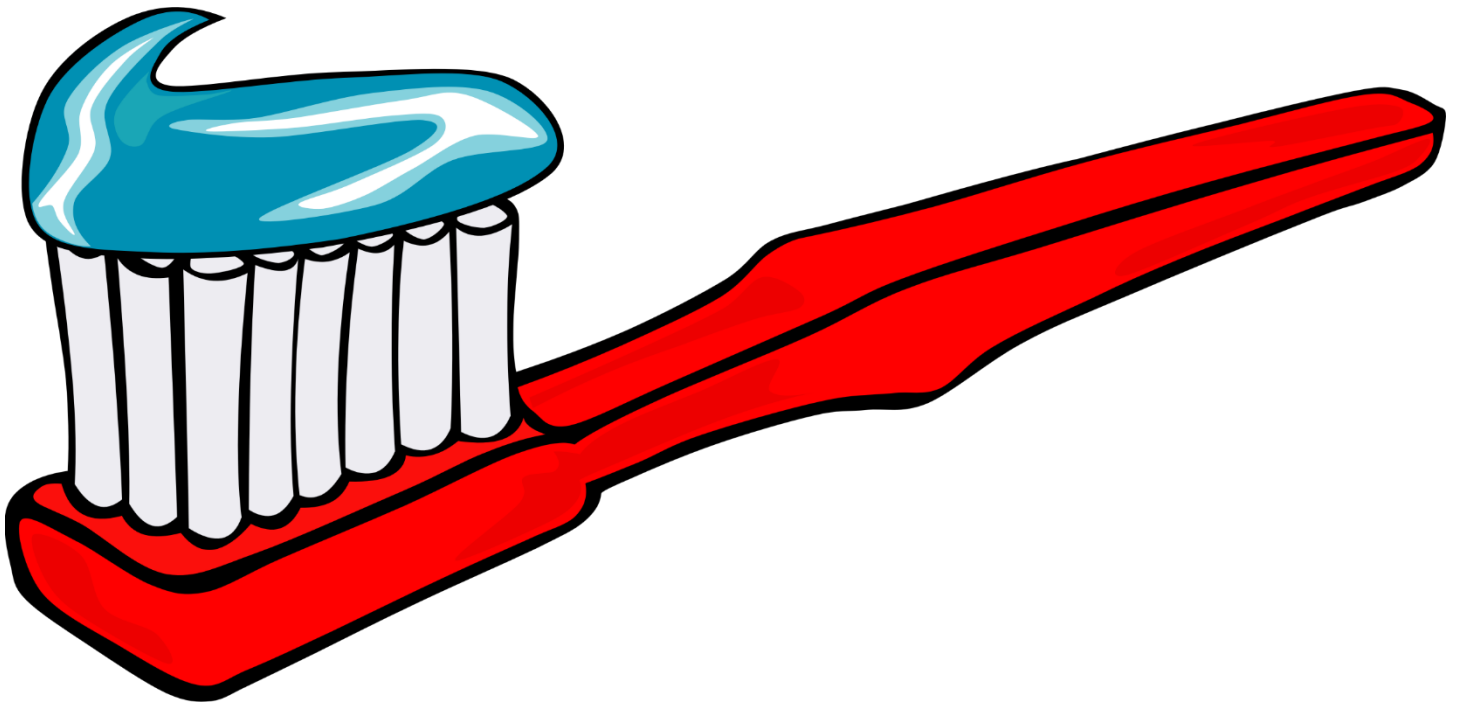
## The Letter "S"

She sells sea-shells on the  
sea-shore. The shells she  
sells are sea-shells, I'm sure.  
For if she sells sea-shells on  
the sea-shore. Then I'm sure  
she sells sea-shore shells.



Discuss: Why do we have teeth?





# TOOTHBRUSH

**Family discussion and modeling the correct way to brush your teeth and how long.**



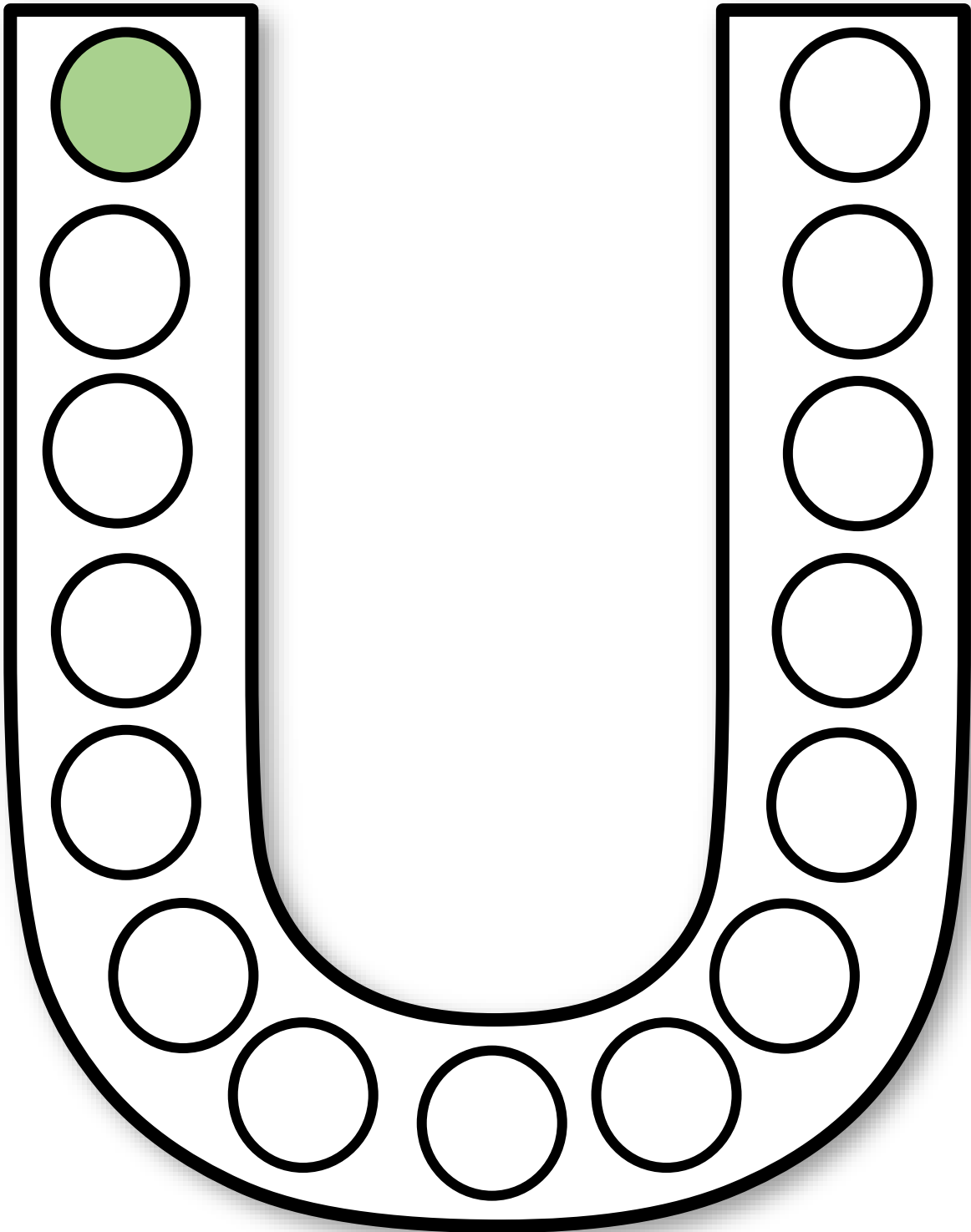
# Examples of Alliteration

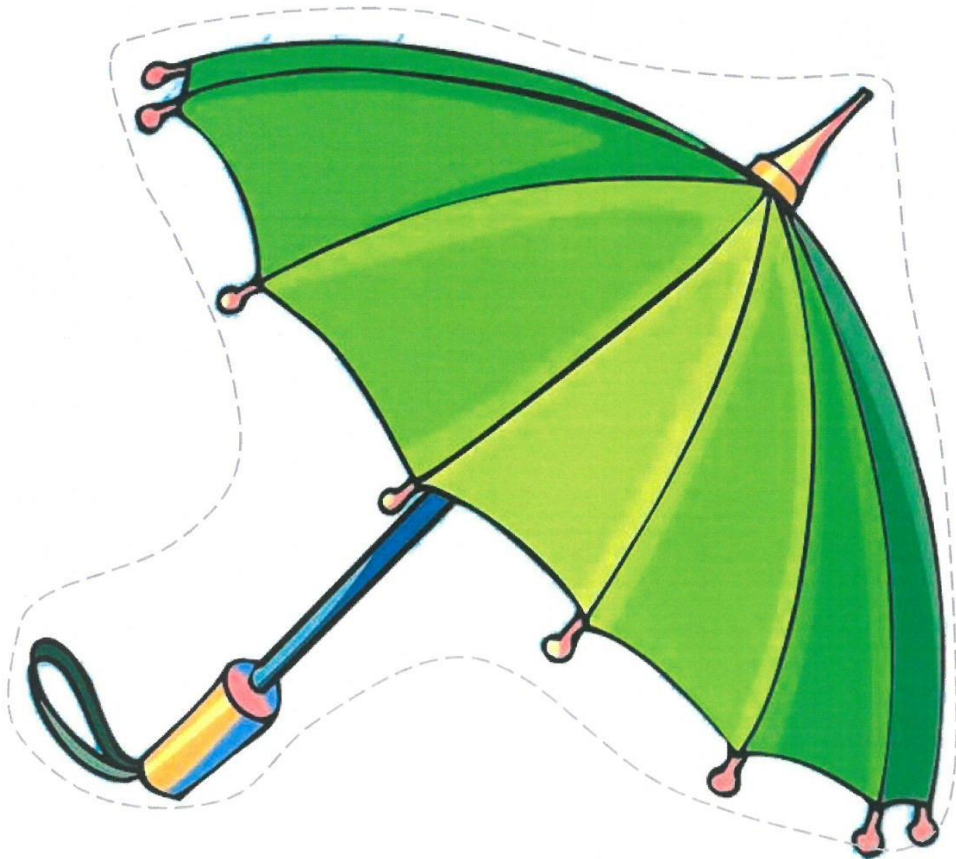
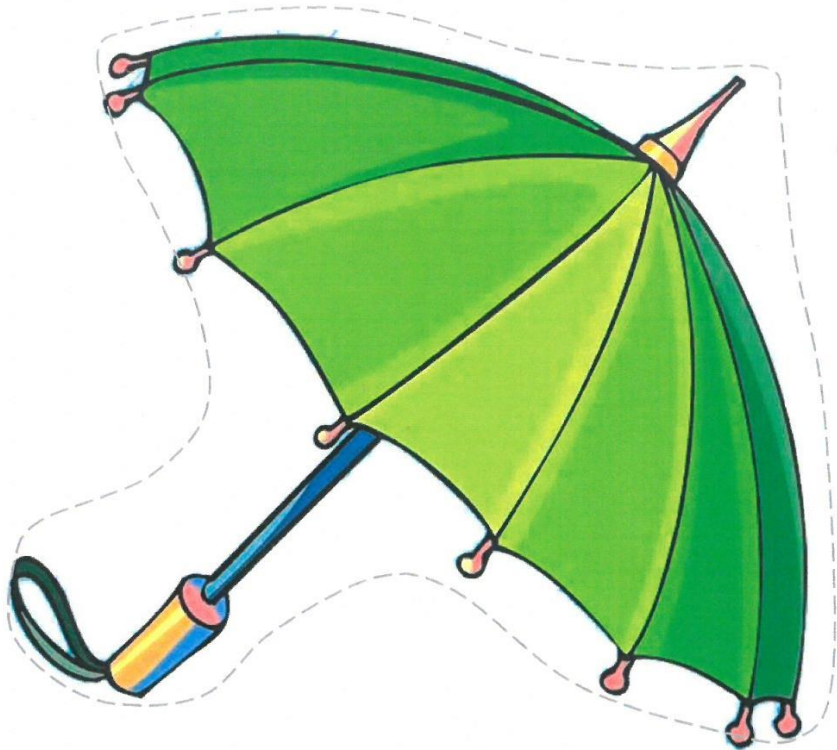
## The Letter "T"

*A tutor who tooted the flute  
Tried to tutor two tooters to toot  
Said the two to the tutor  
"Is it tougher to toot  
Or to tutor two tooters to toot?"*

## The Letter "T"

*Tinkerbell likes to  
tinker with tools.*





[www.kidsparkz.com](http://www.kidsparkz.com)

## Umbrella Game

See how fast you can open the umbrella before a bucket of water is poured towards you.

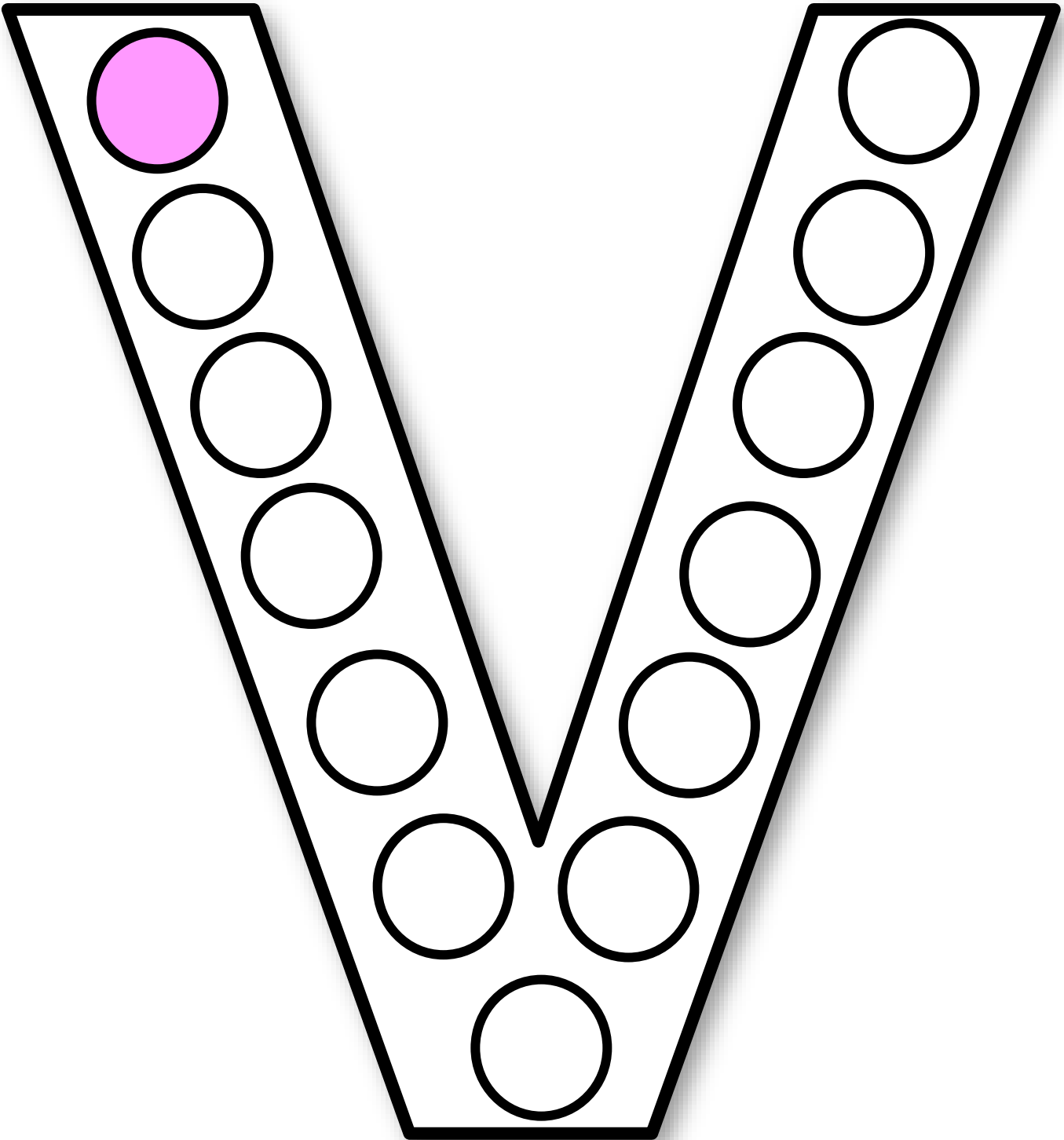
# Examples of Alliteration

The Letter "U"

*Uriel's union used an unnecessary number of umbrellas.*

The Letter "U"

*The unusual unicorn was unaware of how unique she was.*



# VEGETABLES



**Family fun in introducing  
fun ways to eat vegetables.**

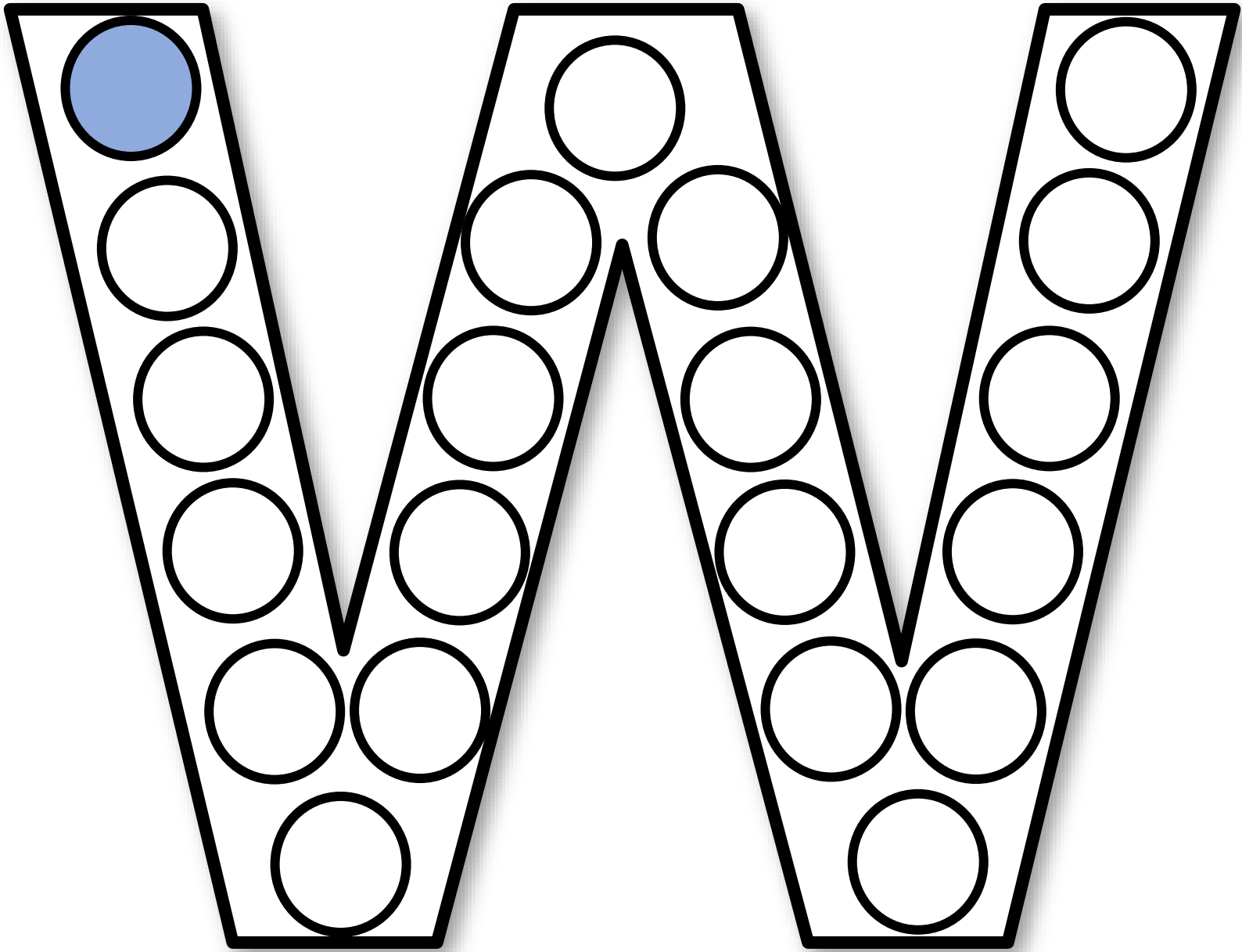
# Examples of Alliteration

The Letter "v"

*Veronica vexed Vivian.*

The Letter "v"

The ventriloquist  
varied his voice  
vociferously.





# W WORDS



**Weather**

**Walnuts**



**Walrus**

*Let's go crazy with "W" Words...*

W + as = Was

W + in = Win

W + ax = Wax

W + ho = Who

W + ow = Wow

W + on = Won

\*\*\*\*\*

W + ant = Want

W + art = Wart

W + age = Wage

W + all = Wall

W + arm = Warm

W + and = Wand

\*\*\*\*\*

W + here = Where

W + hale = Whale

W + heel = Wheel

W + itch = Witch

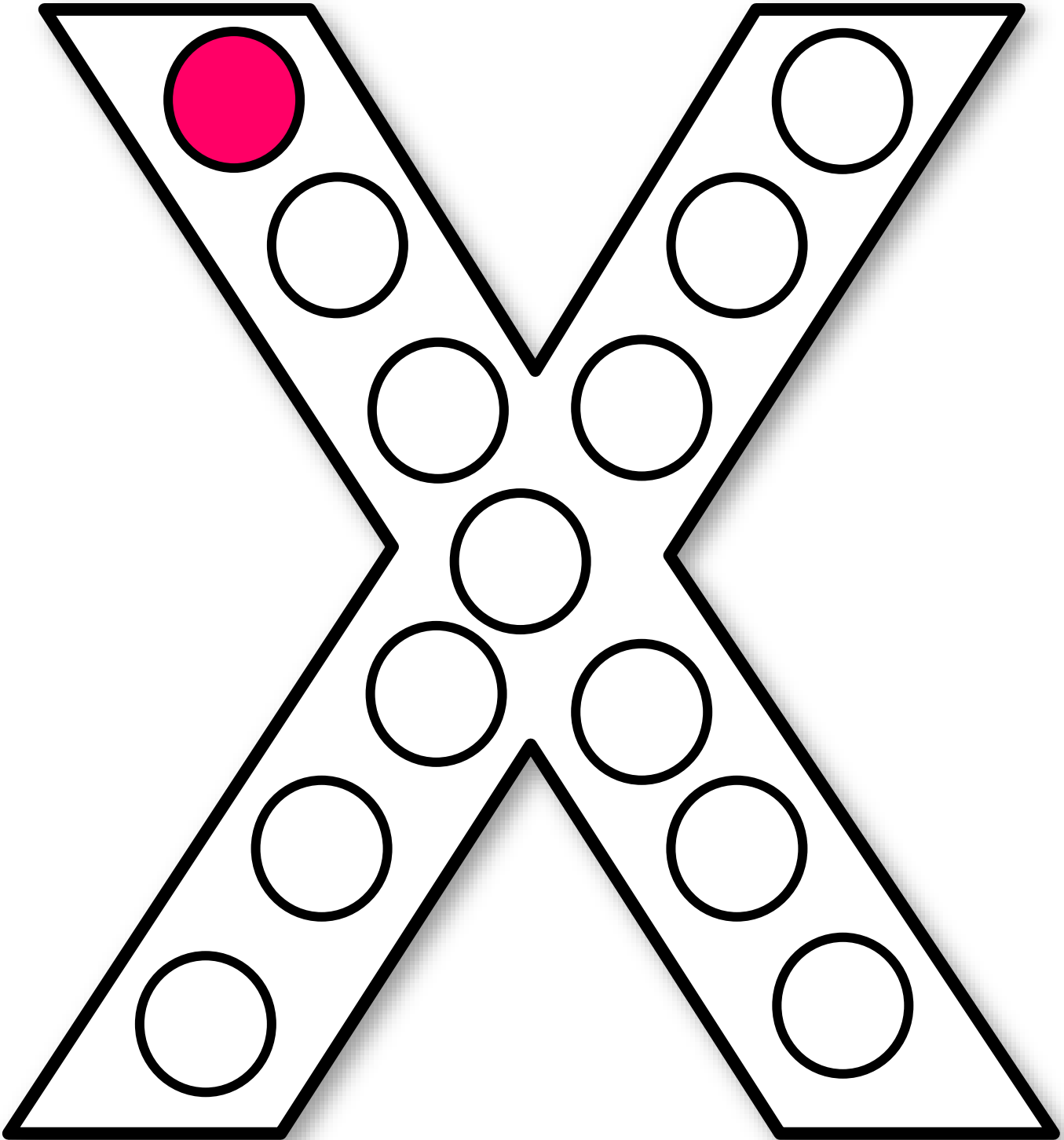
# Examples of Alliteration

## The Letter "W"

*How much wood would a woodchuck chuck  
If a woodchuck would chuck wood?  
A woodchuck would chuck all the wood  
he could chuck  
If a woodchuck would chuck wood.*

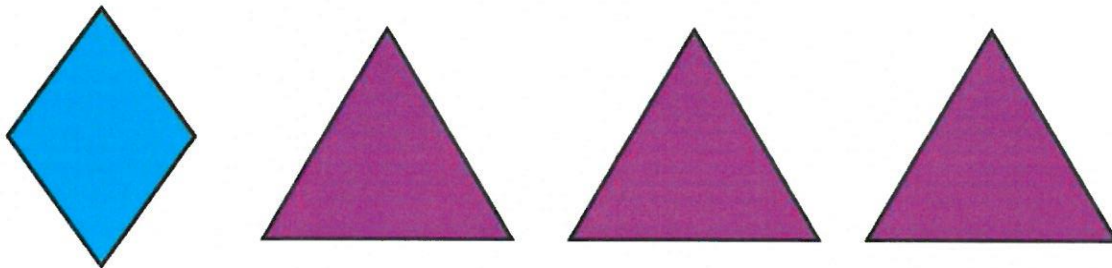
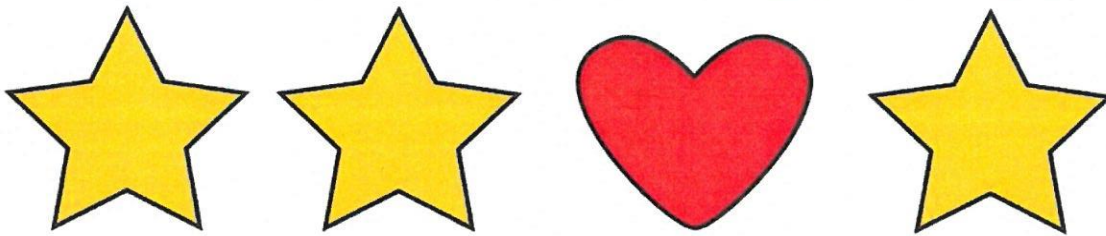
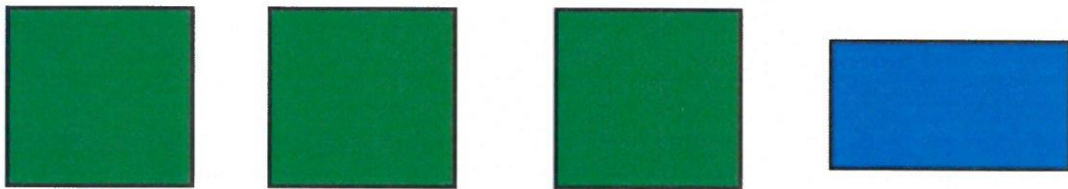
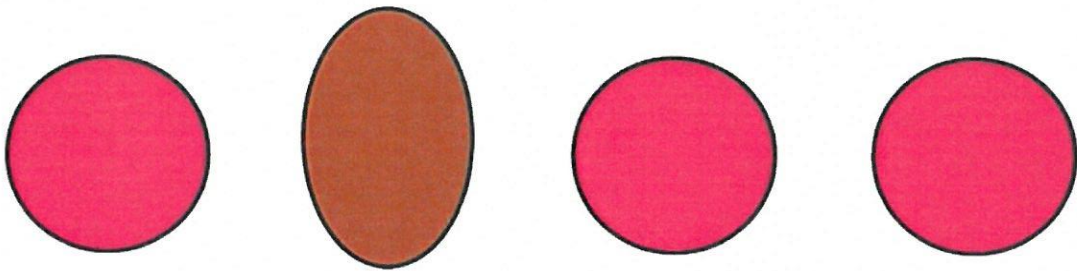
## The Letter "W"

*Walt went for a walk  
while walking his  
dog Waldo.*



## Different Shapes

Look at the shapes below., then circle the shape that is different from the others in each row:





Name: \_\_\_\_\_

## Which is Different?

**Directions:** Circle the picture in each row that is different from the rest.



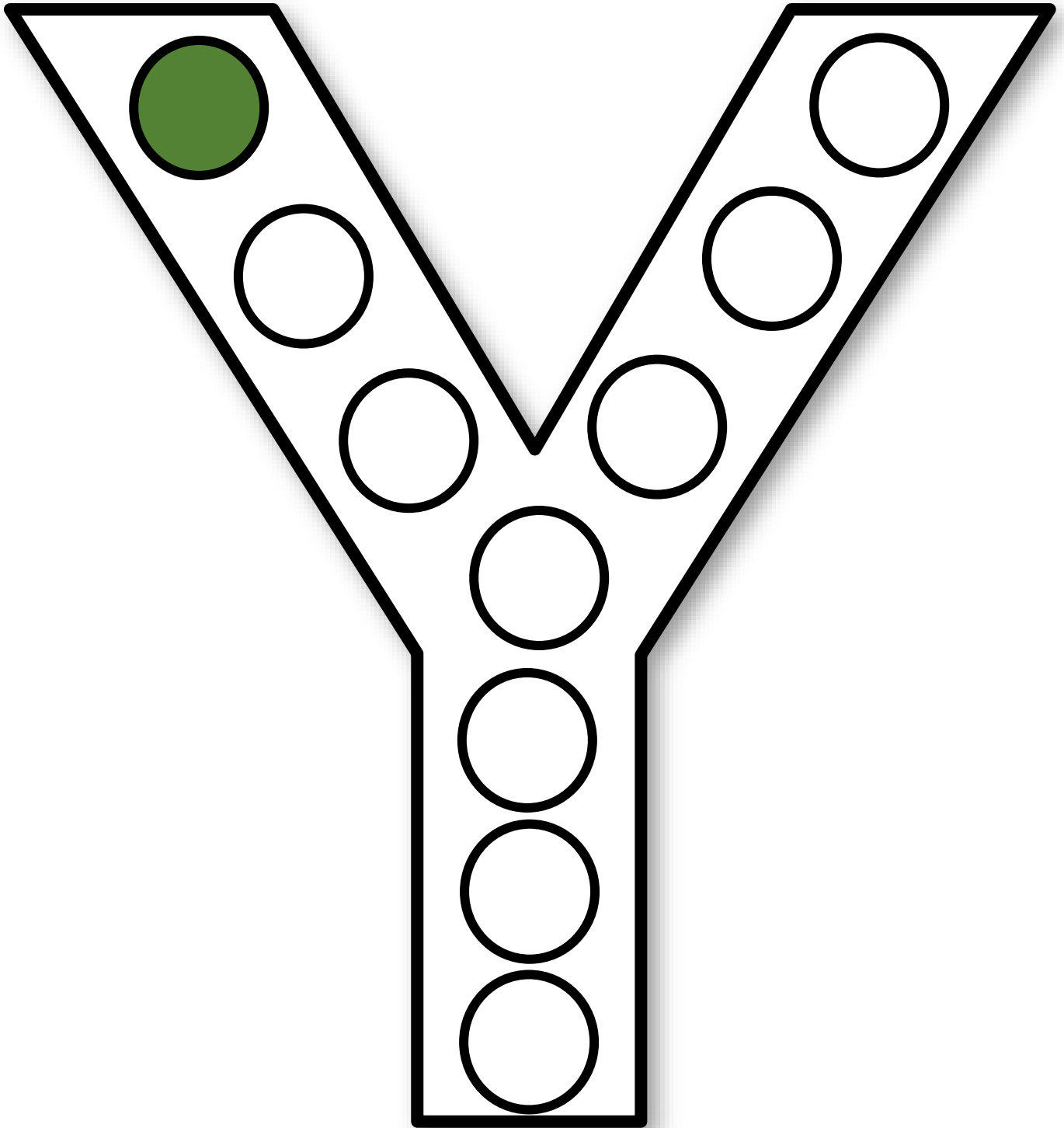
# Examples of Alliteration

The Letter "X"

Rox lived in a box  
she stole from a fox

The Letter "X"

Xavier played  
the xylophone.





# Family Engagement Activity



**Practice going from a yawn to yodeling:**

- 1. Think about it**
- 2. Open wide**
- 3. Stretch mouth muscles**
- 4. Yawn and yodel**

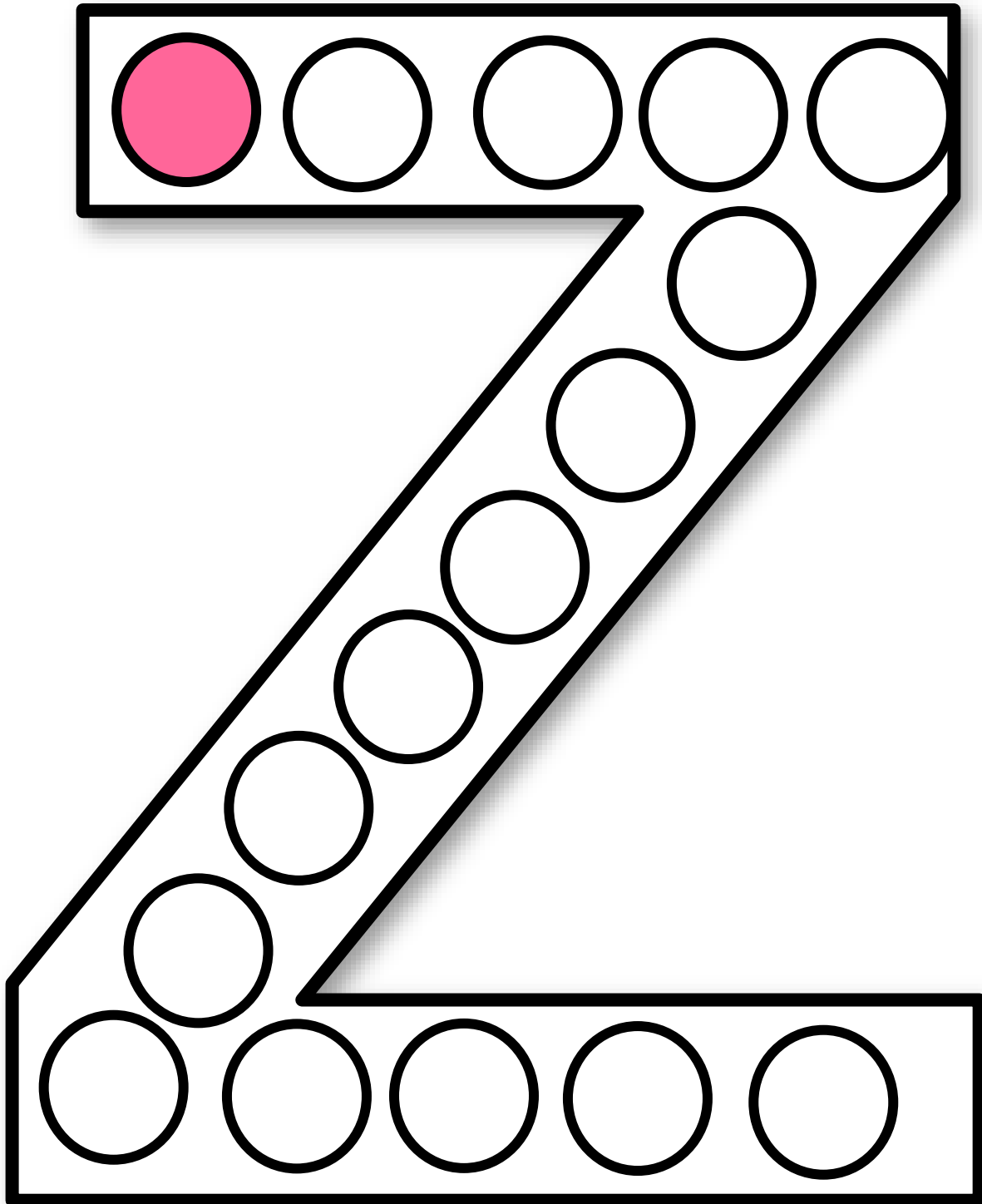
# Examples of Alliteration

## The Letter "y"

Yves yelled at his sister  
Ysabel while yanking  
the yoga mat.

## The Letter "y"

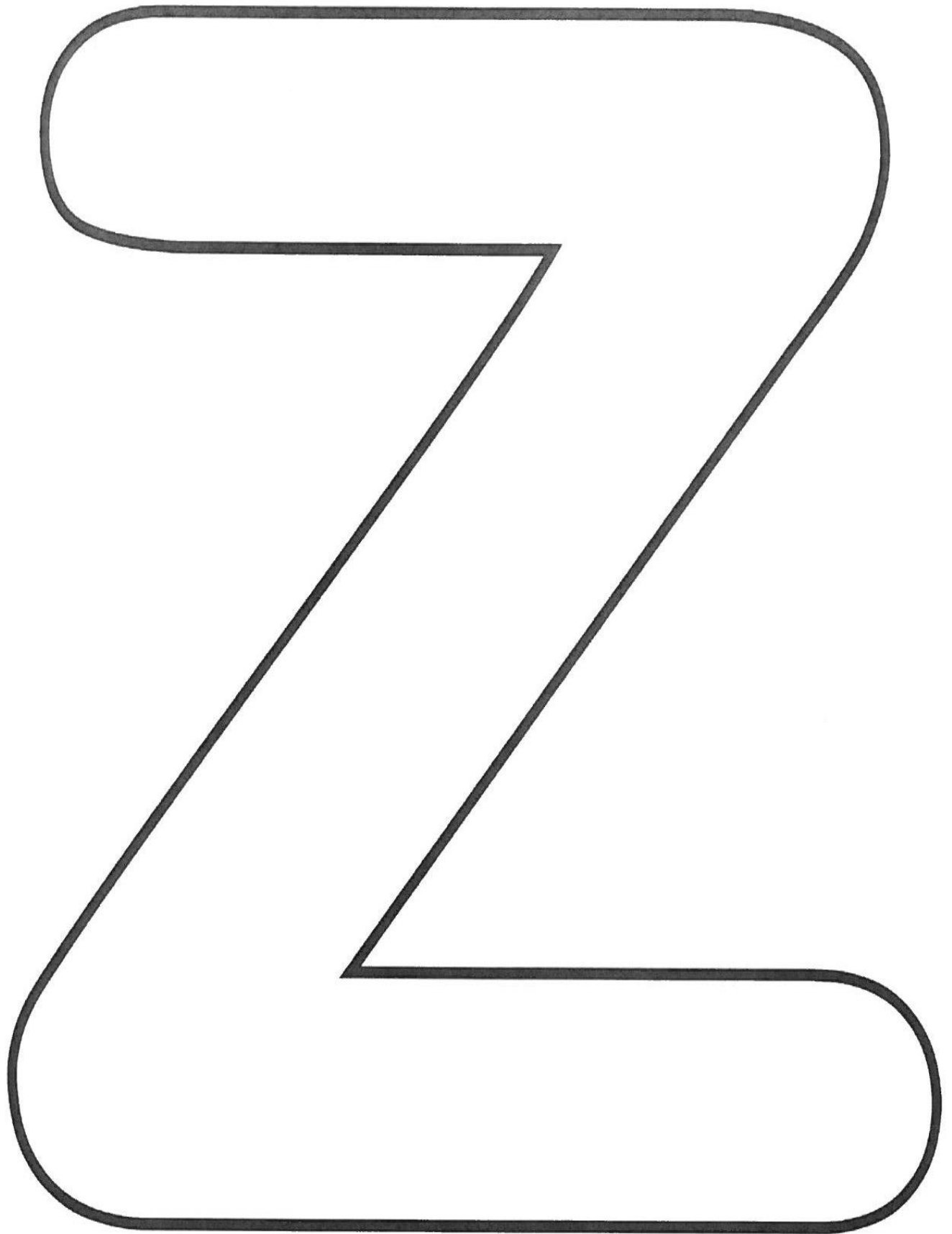
She used your yellow  
yardstick yearly.



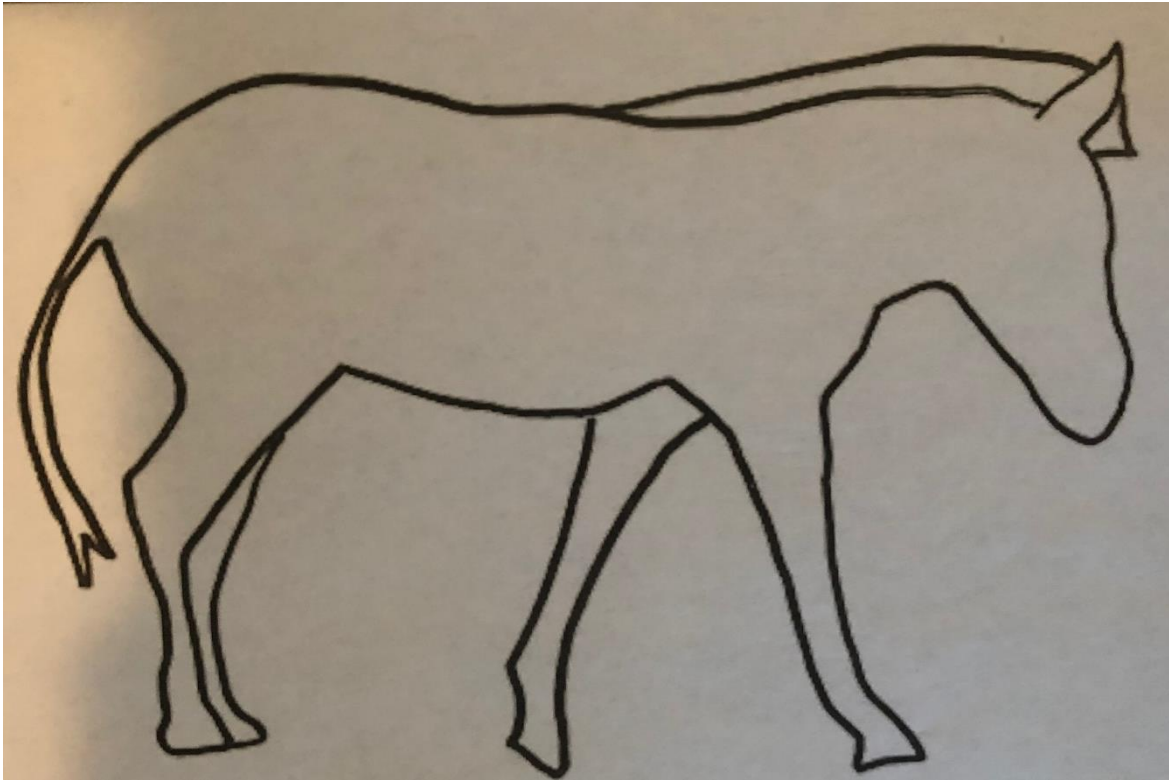


# Zebra Fun





# Decorate the Z as a Zebra



## Supplies:

1. Z Sheet
2. Black Construction Paper
3. Scissors
4. Glue



# Examples of Alliteration

The Letter "Z"

Zac liked the zoo  
and the zoo animals.

The Letter "Z"

Zelda visited a zebra  
at the zoo.

